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Supernatural Girlz

On the Line: Zohara Hieronimus

1
00:00:30,730 --> 00:00:28,750
archangels ghosts and Bigfoot oh my it's

2
00:00:34,119 --> 00:00:30,740
just another night for Supernatural

3
00:00:36,280 --> 00:00:34,129
girls real stories real answers to

4
00:00:38,650 --> 00:00:36,290
life's biggest supernatural mysteries

5
00:00:41,530 --> 00:00:38,660
and now for another exciting interview

6
00:00:44,290 --> 00:00:41,540
with Errol experts in this world and

7
00:00:47,319 --> 00:00:44,300
others here's your host paranormal

8
00:00:47,650 --> 00:00:47,329
researcher Patricia Baker on the one the

9
00:01:18,010 --> 00:00:47,660
only

10
00:01:23,810 --> 00:01:20,450
welcome everyone to another exciting

11
00:01:24,499 --> 00:01:23,820
episode of Supernatural girls radio I am

12
00:01:26,570 --> 00:01:24,509
your host

13
00:01:29,170 --> 00:01:26,580

Patricia Baker and I'm here with my

14

00:01:32,950 --> 00:01:29,180

co-host all the way from sunny Tucson

15

00:01:36,350 --> 00:01:32,960

Patricia Kirkman PK how are you tonight

16

00:01:39,290 --> 00:01:36,360

absolutely fabulous the weather is still

17

00:01:42,590 --> 00:01:39,300

warm outside houses are cool because of

18

00:01:45,020 --> 00:01:42,600

our of our tile floors but outside of

19

00:01:48,889 --> 00:01:45,030

that it's delightful I said at the back

20

00:01:50,840 --> 00:01:48,899

patio pretended it was summer well lucky

21

00:01:52,730 --> 00:01:50,850

you we are freezing up here in New

22

00:01:54,380 --> 00:01:52,740

England well I had to rub that in

23

00:02:03,559 --> 00:01:54,390

because you get got me a couple times

24

00:02:06,559 --> 00:02:03,569

over the summer well let's start off

25

00:02:08,960 --> 00:02:06,569

first of all I just want to say we have

26

00:02:11,690 --> 00:02:08,970

a new sponsor and I want to introduce

27

00:02:15,080 --> 00:02:11,700

everybody to our new sponsor Australian

28

00:02:17,600 --> 00:02:15,090

is the name of this company if you can

29

00:02:19,400 --> 00:02:17,610

see it but they may turn it down a bit

30

00:02:22,430 --> 00:02:19,410

so we can see the label because it's

31

00:02:24,440 --> 00:02:22,440

beautifully done incredible incredible

32

00:02:26,089 --> 00:02:24,450

skincare cream mhm

33

00:02:28,760 --> 00:02:26,099

and it's on our website it's on our

34

00:02:32,030 --> 00:02:28,770

Facebook page this stuff will transform

35

00:02:34,640 --> 00:02:32,040

your skin I you I've been using it for

36

00:02:37,970 --> 00:02:34,650

the last couple of months and it is

37

00:02:39,410 --> 00:02:37,980

remarkable so I can't tell you all the

38

00:02:40,940 --> 00:02:39,420

great things it does because I can't

39

00:02:42,800 --> 00:02:40,950

make claims about it and get them in

40

00:02:45,380 --> 00:02:42,810

trouble but it does more than just as

41

00:02:47,630 --> 00:02:45,390

what a skin cream would do so I highly

42

00:02:49,460 --> 00:02:47,640

recommend you check them out and again

43

00:02:53,660 --> 00:02:49,470

support our sponsors that keep us on the

44

00:02:57,710 --> 00:02:53,670

air so yes yes yes we do want you to

45

00:03:02,150 --> 00:02:57,720

visit them so let's go so the numbers

46

00:03:07,759 --> 00:03:02,160

what's going on so funny that you should

47

00:03:09,289 --> 00:03:07,769

ask that what is it going on let's put

48

00:03:12,080 --> 00:03:09,299

it that way better question probably

49

00:03:13,850 --> 00:03:12,090

well we have to remember that

50

00:03:15,170 --> 00:03:13,860

Tober until the end of December were in

51

00:03:17,780 --> 00:03:15,180

a bridge period that deals with

52

00:03:21,619 --> 00:03:17,790

communications of all forms which also

53

00:03:23,780 --> 00:03:21,629

includes gossip etc okay well look

54

00:03:26,630 --> 00:03:23,790

what's been popping in in the news this

55

00:03:28,640 --> 00:03:26,640

last couple of months between he-said

56

00:03:31,869 --> 00:03:28,650

she-said look who tied to touch me

57

00:03:34,400 --> 00:03:31,879

you know these nice guys that are in the

58

00:03:35,420 --> 00:03:34,410

the powers-that-be that don't know

59

00:03:37,789 --> 00:03:35,430

whether to put their hands in their

60

00:03:41,630 --> 00:03:37,799

pockets or in your pants it's just been

61

00:03:43,309 --> 00:03:41,640

absolutely ridiculous and we haven't

62

00:03:44,330 --> 00:03:43,319

been paying attention but this four

63

00:03:46,069 --> 00:03:44,340

month that we're in right now

64

00:03:48,699 --> 00:03:46,079

everybody's paying attention to the

65

00:03:52,190 --> 00:03:48,709

details and people are finally getting

66

00:03:54,500 --> 00:03:52,200

disgusted and mad sick and tired of

67

00:03:55,910 --> 00:03:54,510

being sick and tired I didn't think was

68

00:03:57,770 --> 00:03:55,920

ever gonna happen the way it was going

69

00:04:00,979 --> 00:03:57,780

because when Bill Cosby went through

70

00:04:03,110 --> 00:04:00,989

this nobody we were shocked by it but it

71

00:04:05,720 --> 00:04:03,120

couldn't be anything like that because

72

00:04:08,750 --> 00:04:05,730

he was dr. Huxtable this was the nice

73

00:04:11,089 --> 00:04:08,760

guy and that's the problem we're looking

74

00:04:13,250 --> 00:04:11,099

at some of the roles that these people

75

00:04:20,479 --> 00:04:13,260

have played not the role that they're

76

00:04:24,740 --> 00:04:21,979

so now this is out in the open and I

77

00:04:26,540 --> 00:04:24,750

have to say you predicted this you said

78

00:04:28,129 --> 00:04:26,550

this was going to happen that more and

79

00:04:29,450 --> 00:04:28,139

more of this was going to come out this

80

00:04:31,159 --> 00:04:29,460

was just the beginning you said that a

81

00:04:34,490 --> 00:04:31,169

couple months ago and you've been

82

00:04:36,170 --> 00:04:34,500

absolutely right well there's something

83

00:04:39,230 --> 00:04:36,180

more coming come January

84

00:04:41,420 --> 00:04:39,240

oh I'm not quite sure I can't put my

85

00:04:42,379 --> 00:04:41,430

finger on what it is at this moment but

86

00:04:46,490 --> 00:04:42,389

there's going to be more communication

87

00:04:48,200 --> 00:04:46,500

coming out and then it falls into the

88

00:04:50,330 --> 00:04:48,210

gossip like nuts face that we can't help

89

00:04:51,920 --> 00:04:50,340

it we all are interested in in what's

90

00:04:55,370 --> 00:04:51,930

going on behind closed doors

91

00:04:58,930 --> 00:04:55,380

but there is so much that's happening

92

00:05:02,320 --> 00:04:58,940

that that we're going into a two-year

93

00:05:05,779 --> 00:05:02,330

universally which is all about patience

94

00:05:09,080 --> 00:05:05,789

partnerships relationships and it's

95

00:05:10,430 --> 00:05:09,090

about wanting peace and cooperation well

96

00:05:11,960 --> 00:05:10,440

how are we going to get all that Wilma

97

00:05:14,960 --> 00:05:11,970

we've got all this garbage laying at the

98

00:05:16,430 --> 00:05:14,970

front door I feel our world is starting

99

00:05:18,200 --> 00:05:16,440

to feel like a ghetto and everybody's

100

00:05:18,770 --> 00:05:18,210

walking by the trash can throwing more

101
00:05:21,620 --> 00:05:18,780
at it

102
00:05:23,810 --> 00:05:21,630
yes exactly well it's time to take out

103
00:05:25,519 --> 00:05:23,820
the trash don't you think that's exactly

104
00:05:27,679 --> 00:05:25,529
what's going to start taking

105
00:05:29,989 --> 00:05:27,689
place so people are gonna start putting

106
00:05:32,119 --> 00:05:29,999
their foot down in January they're gonna

107
00:05:33,319 --> 00:05:32,129
talk about it come to some ideas or

108
00:05:36,079 --> 00:05:33,329
thoughts of what to do

109
00:05:39,109 --> 00:05:36,089
and come February I'm afraid that we're

110
00:05:41,479 --> 00:05:39,119
gonna have some real staunch hard-nosed

111
00:05:42,709 --> 00:05:41,489
people coming about and hey let them

112
00:05:45,109 --> 00:05:42,719
crack the whip let them get things

113
00:05:47,869 --> 00:05:45,119

moving because we need it we'd certainly

114

00:05:51,169 --> 00:05:47,879

do and you and I talked earlier today

115

00:05:55,849 --> 00:05:51,179

about we both feel something's going on

116

00:05:57,709 --> 00:05:55,859

with the UFO situation and we were

117

00:05:59,599 --> 00:05:57,719

discussing the fact that now we're

118

00:06:02,739 --> 00:05:59,609

seeing all these kind of nicey-nice

119

00:06:06,769 --> 00:06:02,749

articles one was on Fox News today about

120

00:06:08,809 --> 00:06:06,779

would you be ok if NASA commits came out

121

00:06:11,059 --> 00:06:08,819

and said we found alien life it's like

122

00:06:13,369 --> 00:06:11,069

wouldn't that be nice it just seems like

123

00:06:16,009 --> 00:06:13,379

again we're being set up

124

00:06:19,849 --> 00:06:16,019

it's not about providing us with real

125

00:06:22,129 --> 00:06:19,859

information it's about setting us up to

126

00:06:24,139 --> 00:06:22,139

think a certain way and this has been

127

00:06:26,419 --> 00:06:24,149

going on for some time but that that

128

00:06:29,089 --> 00:06:26,429

article on Fox News really stood out to

129

00:06:30,859 --> 00:06:29,099

me hey that's like the way they're not

130

00:06:33,649 --> 00:06:30,869

even being subtle about it anymore now

131

00:06:35,239 --> 00:06:33,659

they're dangling the carrot you know and

132

00:06:36,919 --> 00:06:35,249

that's really what it is they're they're

133

00:06:39,529 --> 00:06:36,929

wanting us to take a look at it but we

134

00:06:41,149 --> 00:06:39,539

didn't say that it's a possible baby hey

135

00:06:43,159 --> 00:06:41,159

let's face it they're treating us like

136

00:06:45,049 --> 00:06:43,169

they're we're the pinata and they've all

137

00:06:46,819 --> 00:06:45,059

got the stick eventually we're gonna

138

00:06:48,529 --> 00:06:46,829

fracture if things are gonna fall apart

139

00:06:51,019 --> 00:06:48,539

and then they're going to regroup and

140

00:06:55,759 --> 00:06:51,029

decide what we really need to do as it

141

00:06:58,429 --> 00:06:55,769

stands right now god help us yeah that's

142

00:07:00,349 --> 00:06:58,439

crazy but as you said you'd expect more

143

00:07:02,839 --> 00:07:00,359

to come out and especially in February

144

00:07:04,819 --> 00:07:02,849

you're seeing some big things moving so

145

00:07:07,459 --> 00:07:04,829

this will be very in it's an interesting

146

00:07:08,509 --> 00:07:07,469

time to be alive so again all we can do

147

00:07:12,559 --> 00:07:08,519

is keep raising our consciousness

148

00:07:14,389 --> 00:07:12,569

becoming more and more aware and looking

149

00:07:16,939 --> 00:07:14,399

for ways to have positive partnerships

150

00:07:18,649 --> 00:07:16,949

well look for January the additional

151
00:07:21,379 --> 00:07:18,659
information that's going to come out and

152
00:07:24,439 --> 00:07:21,389
look for February for those with the

153
00:07:27,709 --> 00:07:24,449
powers that be to start cracking the

154
00:07:29,959 --> 00:07:27,719
whip in some other capacities they're

155
00:07:31,819 --> 00:07:29,969
just started touching things right now

156
00:07:33,499 --> 00:07:31,829
but they have no idea what they're

157
00:07:37,159 --> 00:07:33,509
really going to meet yet because it's

158
00:07:40,760 --> 00:07:37,169
just started oh boy so fasten your seat

159
00:07:44,300 --> 00:07:42,200
and remember that the bass guide

160
00:07:47,029 --> 00:07:44,310
yourself first because if you got a save

161
00:07:49,040 --> 00:07:47,039
you first that's right that's right you

162
00:07:52,070 --> 00:07:49,050
first then you can help everybody else

163
00:07:53,619 --> 00:07:52,080

right mm-hmm so we do also I want to

164

00:07:57,320 --> 00:07:53,629

point out have some very interesting

165

00:07:59,570 --> 00:07:57,330

paranormal news and it's all on our

166

00:08:01,850 --> 00:07:59,580

facebook page at supernatural girls with

167

00:08:05,209 --> 00:08:01,860

a Z on Facebook so be sure to visit it

168

00:08:08,779 --> 00:08:05,219

we have all kinds of information about

169

00:08:10,999 --> 00:08:08,789

New York's mysterious Plum Island now

170

00:08:13,719 --> 00:08:11,009

that's the place where some people say

171

00:08:16,850 --> 00:08:13,729

the Lyme disease plague started

172

00:08:18,589 --> 00:08:16,860

weaponized Lyme started on Plum Island

173

00:08:22,070 --> 00:08:18,599

so anyways there's an interesting

174

00:08:24,800 --> 00:08:22,080

article about that on our Facebook page

175

00:08:27,680 --> 00:08:24,810

also more information from Nick Redfern

176

00:08:29,480 --> 00:08:27,690

on men in black don't miss that one he

177

00:08:33,829 --> 00:08:29,490

was on our show a couple weeks ago did a

178

00:08:38,170 --> 00:08:33,839

great job and we also have a story about

179

00:08:41,540 --> 00:08:38,180

these strange figures in Missouri tobei

180

00:08:45,110 --> 00:08:41,550

Argentina who are communicating with

181

00:08:47,090 --> 00:08:45,120

something from the sea so all of that's

182

00:08:48,800 --> 00:08:47,100

on our Facebook page go take a look

183

00:08:50,630 --> 00:08:48,810

we've got pictures you've got videos

184

00:08:53,509 --> 00:08:50,640

we've got all kinds of exciting stuff

185

00:08:55,280 --> 00:08:53,519

and more coming up so make sure you give

186

00:08:58,069 --> 00:08:55,290

us a like and a follow so that you can

187

00:08:59,810 --> 00:08:58,079

keep in touch with what we have and what

188

00:09:02,689 --> 00:08:59,820

we're doing and what we're sharing with

189

00:09:05,300 --> 00:09:02,699

you as news breaks on all of these

190

00:09:07,250 --> 00:09:05,310

things the veil is very thin people are

191

00:09:09,110 --> 00:09:07,260

reporting more and more occurrences of

192

00:09:11,389 --> 00:09:09,120

seeing things from other dimensions and

193

00:09:15,130 --> 00:09:11,399

other worlds so you don't want to miss

194

00:09:18,860 --> 00:09:15,140

it it's all exciting right yes

195

00:09:21,019 --> 00:09:18,870

definitely and do make note that we

196

00:09:23,389 --> 00:09:21,029

still in a retrograde for another couple

197

00:09:25,970 --> 00:09:23,399

of weeks oh that's so be careful of

198

00:09:28,210 --> 00:09:25,980

anything you sign reread it make sure

199

00:09:30,530 --> 00:09:28,220

everything's the way you want it to be

200

00:09:33,560 --> 00:09:30,540

miscommunication is rampant right now

201
00:09:36,079 --> 00:09:33,570
and so don't buy a new car yet wait till

202
00:09:38,590 --> 00:09:36,089
after the 22nd how about phones can

203
00:09:41,720 --> 00:09:38,600
people buy and buy anything new until I

204
00:09:43,819 --> 00:09:41,730
retrograde remember anything to do with

205
00:09:46,009 --> 00:09:43,829
communications is going to be messed up

206
00:09:49,189 --> 00:09:46,019
but nothing new is going to fall apart

207
00:09:52,100 --> 00:09:49,199
redone or we have to be revisited yes

208
00:09:52,600 --> 00:09:52,110
okay so be careful about that everybody

209
00:09:54,579 --> 00:09:52,610
and

210
00:09:59,680 --> 00:09:54,589
it's over on the 22nd thank the good

211
00:10:02,050 --> 00:09:59,690
Lord and goddess - so very happy when

212
00:10:04,840 --> 00:10:02,060
the 22nd comes around but we're happy

213
00:10:06,910 --> 00:10:04,850

tonight and the reason we are so filled

214

00:10:09,519 --> 00:10:06,920

with joy is because we have a great

215

00:10:12,519 --> 00:10:09,529

guest with us we have Zahara hero Nima

216

00:10:15,100 --> 00:10:12,529

sand she hieronymus excuse me and she

217

00:10:18,430 --> 00:10:15,110

has written a fascinating book that we

218

00:10:22,660 --> 00:10:18,440

just both read there it is like the

219

00:10:25,300 --> 00:10:22,670

spirit animals prophetess change now

220

00:10:27,160 --> 00:10:25,310

Sahara is a fascinating woman herself

221

00:10:29,889 --> 00:10:27,170

not only is the book fascinating Zohar

222

00:10:31,690 --> 00:10:29,899

is fascinating so we are very lucky and

223

00:10:33,790 --> 00:10:31,700

blessed to have her with us tonight so

224

00:10:36,069 --> 00:10:33,800

let's get her on the show Zohar welcome

225

00:10:40,030 --> 00:10:36,079

to the show good evening thank you for

226
00:10:41,850 --> 00:10:40,040
having me join you have you I loved what

227
00:10:44,560 --> 00:10:41,860
you said by the way about in

228
00:10:47,280 --> 00:10:44,570
numerological terms and Jupiter and

229
00:10:49,449 --> 00:10:47,290
Scorpio which just happened that's

230
00:10:53,079 --> 00:10:49,459
fantastic for revealing what's hidden

231
00:10:56,050 --> 00:10:53,089
yes or subconscious it's all gonna come

232
00:10:58,300 --> 00:10:56,060
to the surface for everyone it's going

233
00:11:00,220 --> 00:10:58,310
to be quite amazing to see what's taking

234
00:11:01,720 --> 00:11:00,230
place I agree with you yeah

235
00:11:04,720 --> 00:11:01,730
all we have to do is just keep our eyes

236
00:11:06,389 --> 00:11:04,730
open and listen and quit telling them

237
00:11:08,980 --> 00:11:06,399
they're wrong just listen and then

238
00:11:11,380 --> 00:11:08,990

decide down the road well and I think

239

00:11:12,790 --> 00:11:11,390

also the individual and particularly

240

00:11:14,949 --> 00:11:12,800

people in your audience who are

241

00:11:17,470 --> 00:11:14,959

interested in this kind of information

242

00:11:20,170 --> 00:11:17,480

and practice is that in their own lives

243

00:11:22,540 --> 00:11:20,180

they can become more intuitive now with

244

00:11:25,569 --> 00:11:22,550

Jupiter and Scorpio it just expands that

245

00:11:29,170 --> 00:11:25,579

whole capacity to go into the deep of

246

00:11:31,600 --> 00:11:29,180

the sort of intuition that's not always

247

00:11:33,490 --> 00:11:31,610

the easiest part of what you know but

248

00:11:35,889 --> 00:11:33,500

it's the deeper part and then it allows

249

00:11:38,710 --> 00:11:35,899

you to expand in a way otherwise you

250

00:11:41,759 --> 00:11:38,720

might not have right wonderful

251
00:11:46,810 --> 00:11:41,769
opportunities then coming our way yeah

252
00:11:50,650 --> 00:11:46,820
so so far I have a very special bond

253
00:11:53,199 --> 00:11:50,660
with animals with the earth and and it

254
00:11:56,710 --> 00:11:53,209
led you to write this magnificent book

255
00:11:59,050 --> 00:11:56,720
and these white spirit animals that you

256
00:12:02,050 --> 00:11:59,060
talk about in the book and also our

257
00:12:04,420 --> 00:12:02,060
connection versus disconnection from our

258
00:12:06,440 --> 00:12:04,430
environment from the skies above the

259
00:12:10,220 --> 00:12:06,450
stars is very profound

260
00:12:12,110 --> 00:12:10,230
but what led you to do this book well as

261
00:12:14,450 --> 00:12:12,120
I described in white spirit animals

262
00:12:16,460 --> 00:12:14,460
prophets of change I was 6 years old

263
00:12:19,490 --> 00:12:16,470

when I began this book I'm now in my mid

264

00:12:22,660 --> 00:12:19,500

60's and people oh you started writing a

265

00:12:25,760 --> 00:12:22,670

book when you were 6 well in a way a

266

00:12:29,180 --> 00:12:25,770

prayer at that point I I grew up around

267

00:12:31,610 --> 00:12:29,190

animals I was always made to go outside

268

00:12:33,770 --> 00:12:31,620

by my mother thankfully all of us were

269

00:12:37,760 --> 00:12:33,780

whether it was raining or snowing come 9

270

00:12:40,820 --> 00:12:37,770

o'clock a.m. you're going outside that's

271

00:12:43,250 --> 00:12:40,830

did it so I had this just profound love

272

00:12:45,680 --> 00:12:43,260

of the woodlands and the woodland

273

00:12:47,360 --> 00:12:45,690

animals and we always had dogs and cats

274

00:12:49,220 --> 00:12:47,370

and I was always sort of picking up

275

00:12:51,440 --> 00:12:49,230

wounded animals and trying to heal them

276

00:12:53,360 --> 00:12:51,450

or bury them or you know a traditional

277

00:12:55,100 --> 00:12:53,370

story that you hear of children who

278

00:12:57,530 --> 00:12:55,110

often become veterinarians which I

279

00:12:59,930 --> 00:12:57,540

thought I would become and at the age of

280

00:13:01,850 --> 00:12:59,940

nine or so I went to a vet's place and a

281

00:13:04,370 --> 00:13:01,860

cat had been hit by a car and that was

282

00:13:07,070 --> 00:13:04,380

the end of my veterinarian crusade but

283

00:13:09,560 --> 00:13:07,080

what I did discover is the desire and

284

00:13:11,300 --> 00:13:09,570

really sort of this heartfelt prayer

285

00:13:14,510 --> 00:13:11,310

that I described is becoming my

286

00:13:16,880 --> 00:13:14,520

childhood Polestar was this desire to

287

00:13:18,830 --> 00:13:16,890

talk to the animals and I thought at

288

00:13:20,990 --> 00:13:18,840

that time that I would learn how to

289

00:13:23,510 --> 00:13:21,000

interpret like interpreting a foreign

290

00:13:26,090 --> 00:13:23,520

language interpreter birds call or

291

00:13:28,970 --> 00:13:26,100

interpret a raccoons haunting cry or

292

00:13:31,460 --> 00:13:28,980

interpret a dog's bark and it was only

293

00:13:34,010 --> 00:13:31,470

much later in my life well not that much

294

00:13:35,660 --> 00:13:34,020

later but in my teens that I began to

295

00:13:38,360 --> 00:13:35,670

appreciate that there's this thing we

296

00:13:41,930 --> 00:13:38,370

now call trans-species communication or

297

00:13:44,780 --> 00:13:41,940

animal communication or telepathy and in

298

00:13:46,160 --> 00:13:44,790

that way language is a unified language

299

00:13:49,520 --> 00:13:46,170

there's no Babel

300

00:13:51,590 --> 00:13:49,530

it's basically through images and whole

301
00:13:53,480 --> 00:13:51,600
communicate that happens and the way I

302
00:13:56,000 --> 00:13:53,490
describe it to people this love of

303
00:13:57,350 --> 00:13:56,010
animals that can grow into telepathy

304
00:13:59,240 --> 00:13:57,360
which everybody know the sitting

305
00:14:01,730 --> 00:13:59,250
audience who has a dog or a cat or a

306
00:14:03,860 --> 00:14:01,740
ferret or some animal they love has

307
00:14:06,290 --> 00:14:03,870
experienced what that is where you

308
00:14:09,020 --> 00:14:06,300
intuitively know what it is your animal

309
00:14:11,210 --> 00:14:09,030
needs but the work that I do and the

310
00:14:15,110 --> 00:14:11,220
work I encourage everybody to do is to

311
00:14:17,080 --> 00:14:15,120
expand on that experience and then find

312
00:14:20,300 --> 00:14:17,090
a way to come into communion with

313
00:14:22,820 --> 00:14:20,310

everything and anything you know whether

314

00:14:25,610 --> 00:14:22,830

a tree or a river or a rock or a dog or

315

00:14:28,370 --> 00:14:25,620

a car or a person that all of these

316

00:14:30,140 --> 00:14:28,380

things are light capsules of energy

317

00:14:32,900 --> 00:14:30,150

their frequencies so everything has its

318

00:14:35,150 --> 00:14:32,910

own signature which means if everything

319

00:14:38,269 --> 00:14:35,160

is light whether it's solid state or

320

00:14:39,920 --> 00:14:38,279

immaterial state then the process of

321

00:14:42,860 --> 00:14:39,930

coming into rapport with something

322

00:14:45,380 --> 00:14:42,870

whether it's human or animate or

323

00:14:47,360 --> 00:14:45,390

inanimate must be very similar and

324

00:14:49,700 --> 00:14:47,370

that's what I've discovered so if you

325

00:14:51,710 --> 00:14:49,710

love animals and you love nature as I

326

00:14:53,870 --> 00:14:51,720

have and have dedicated my whole life I

327

00:14:56,540 --> 00:14:53,880

became an activist at the age of 14

328

00:14:58,490 --> 00:14:56,550

handing out flyers for Ralph Nader here

329

00:15:00,769 --> 00:14:58,500

in Baltimore Maryland and that was the

330

00:15:02,860 --> 00:15:00,779

beginning of my actual activism so I've

331

00:15:06,170 --> 00:15:02,870

always been an animal rights and

332

00:15:07,760 --> 00:15:06,180

ecosystem steward and champion of human

333

00:15:09,590 --> 00:15:07,770

rights and these kinds of things and

334

00:15:11,390 --> 00:15:09,600

they all go together because we're

335

00:15:13,130 --> 00:15:11,400

talking about everything having a voice

336

00:15:15,350 --> 00:15:13,140

and my life has really been about

337

00:15:18,320 --> 00:15:15,360

standing up for the underdog whether

338

00:15:20,390 --> 00:15:18,330

it's the human or the dog or nature

339

00:15:22,310 --> 00:15:20,400

because they don't seem to have the

340

00:15:24,350 --> 00:15:22,320

political voice that we need them to

341

00:15:27,070 --> 00:15:24,360

have so instead I decided to make it my

342

00:15:28,940 --> 00:15:27,080

life's work to be part of their voice

343

00:15:31,340 --> 00:15:28,950

that's wonderful

344

00:15:33,710 --> 00:15:31,350

just what else and we need more of this

345

00:15:35,600 --> 00:15:33,720

we need all of us need more of this

346

00:15:37,490 --> 00:15:35,610

because as you mentioned in the record I

347

00:15:41,270 --> 00:15:37,500

mentioned but discussed quite thoroughly

348

00:15:43,790 --> 00:15:41,280

we have lost our connection and that has

349

00:15:46,340 --> 00:15:43,800

been devastating now here's a quick

350

00:15:48,920 --> 00:15:46,350

question for you from the chat room from

351

00:15:51,230 --> 00:15:48,930

supernova how do we connect to these

352

00:15:53,060 --> 00:15:51,240

animals on a spiritual level this is

353

00:15:56,210 --> 00:15:53,070

typical of the questions we have from

354

00:15:58,460 --> 00:15:56,220

our audience they want to know you know

355

00:16:00,800 --> 00:15:58,470

how do they reconnect how do they do

356

00:16:03,440 --> 00:16:00,810

this kind of work that you came so

357

00:16:05,120 --> 00:16:03,450

naturally to you and I would like to say

358

00:16:06,949 --> 00:16:05,130

it came naturally but I've really worked

359

00:16:08,720 --> 00:16:06,959

at it and practiced people say well how

360

00:16:10,640 --> 00:16:08,730

do you do telepathy with animals I do

361

00:16:12,680 --> 00:16:10,650

animal readings for free for people I

362

00:16:14,240 --> 00:16:12,690

just asked that they donate to you know

363

00:16:18,260 --> 00:16:14,250

an animal shelter or something in their

364

00:16:21,590 --> 00:16:18,270

areas lovely I think the important word

365

00:16:23,870 --> 00:16:21,600

is love so we'll start there there is a

366

00:16:26,120 --> 00:16:23,880

process of love that brings us into

367

00:16:28,300 --> 00:16:26,130

rapport with anything and that's why

368

00:16:31,160 --> 00:16:28,310

love has such a powerful effect on us

369

00:16:33,380 --> 00:16:31,170

physiologically and spiritually so I'd

370

00:16:34,100 --> 00:16:33,390

say the first thing is to recognize and

371

00:16:36,889 --> 00:16:34,110

this is what

372

00:16:39,110 --> 00:16:36,899

I would say Darwin was misunderstood and

373

00:16:41,540 --> 00:16:39,120

misrepresented by the Guild's of science

374

00:16:44,420 --> 00:16:41,550

and religion throughout our lifetimes

375

00:16:46,970 --> 00:16:44,430

Darwin's greatest contribution from his

376

00:16:51,380 --> 00:16:46,980

viewpoint was that there's no such thing

377

00:16:53,420 --> 00:16:51,390

as human entitlement species entitlement

378

00:16:55,430 --> 00:16:53,430

that we're entitled to master and

379

00:16:57,350 --> 00:16:55,440

dominate and conquer and destroy and

380

00:16:59,480 --> 00:16:57,360

whether it's animals or other humans or

381

00:17:01,850 --> 00:16:59,490

whatever his actual greatest

382

00:17:04,309 --> 00:17:01,860

contribution was saying that there is no

383

00:17:06,860 --> 00:17:04,319

separation between the animal and the

384

00:17:10,069 --> 00:17:06,870

human we're like different cultures and

385

00:17:12,110 --> 00:17:10,079

dr. Gates who wrote elephants on the

386

00:17:15,380 --> 00:17:12,120

edge and studied post-traumatic stress

387

00:17:17,179 --> 00:17:15,390

disorder in the wild animal community

388

00:17:18,409 --> 00:17:17,189

and especially in the elephants just to

389

00:17:21,980 --> 00:17:18,419

demonstrate that it's happening

390

00:17:22,939 --> 00:17:21,990

everywhere it is the same an animal has

391

00:17:25,579 --> 00:17:22,949

sentience

392

00:17:28,159 --> 00:17:25,589

it has self-awareness it has family it

393

00:17:30,200 --> 00:17:28,169

has community an animal has joy an

394

00:17:32,570 --> 00:17:30,210

animal has sadness an animal gets hungry

395

00:17:35,270 --> 00:17:32,580

an animal wants to play an animal has

396

00:17:38,390 --> 00:17:35,280

family an animal has memory an animal

397

00:17:40,400 --> 00:17:38,400

misplace an animal has home so an animal

398

00:17:43,520 --> 00:17:40,410

has taste an animal has preferences an

399

00:17:45,650 --> 00:17:43,530

animal has its own personality its

400

00:17:48,430 --> 00:17:45,660

science has made an industry a

401
00:17:51,980 --> 00:17:48,440
multibillion-dollar industry of

402
00:17:54,049 --> 00:17:51,990
pretending animals don't possess all of

403
00:17:56,720 --> 00:17:54,059
these same sentient characteristics that

404
00:17:59,390 --> 00:17:56,730
humans do and that's we have to stop

405
00:18:02,180 --> 00:17:59,400
that whether it's from factory farming

406
00:18:04,549 --> 00:18:02,190
or dissecting and torturing animals for

407
00:18:06,560 --> 00:18:04,559
science and medicine because we do know

408
00:18:08,630 --> 00:18:06,570
scientifically at this point as dr.

409
00:18:11,659 --> 00:18:08,640
Bradshaw has proved in trance PC

410
00:18:13,370 --> 00:18:11,669
psychology that you cannot study human

411
00:18:16,070 --> 00:18:13,380
suffering by creating suffering in

412
00:18:18,140 --> 00:18:16,080
another species great statement yes

413
00:18:21,230 --> 00:18:18,150

we've seen that all along so we've been

414

00:18:23,510 --> 00:18:21,240

brainwashed as a society into thinking

415

00:18:26,120 --> 00:18:23,520

that animals are beneath us below us

416

00:18:29,030 --> 00:18:26,130

don't deserve sentience or freedom and

417

00:18:30,620 --> 00:18:29,040

that we can destroy their ecosystems we

418

00:18:32,840 --> 00:18:30,630

can appropriate their land we can

419

00:18:34,970 --> 00:18:32,850

imprison them we can slaughter them we

420

00:18:36,830 --> 00:18:34,980

can sell body parts we can imprison them

421

00:18:39,049 --> 00:18:36,840

I mean all these horrible things whether

422

00:18:42,350 --> 00:18:39,059

it's you know farming bears for their

423

00:18:45,650 --> 00:18:42,360

liver bile or whether it's cutting off

424

00:18:47,810 --> 00:18:45,660

their paws to sell or eating dogs in

425

00:18:50,000 --> 00:18:47,820

Asia or trapping white

426

00:18:52,700 --> 00:18:50,010

ion's and keeping them as pets until

427

00:18:56,270 --> 00:18:52,710

they're shot for a fee in a cage I mean

428

00:18:58,040 --> 00:18:56,280

we are we are ill as a humanity through

429

00:19:01,220 --> 00:18:58,050

what psychologically would be called

430

00:19:04,490 --> 00:19:01,230

dissociation and dissociation is where

431

00:19:06,470 --> 00:19:04,500

we basically separate our feeling nature

432

00:19:09,500 --> 00:19:06,480

from our thinking nature and it's what

433

00:19:11,870 --> 00:19:09,510

allows any of us to do things we know

434

00:19:13,640 --> 00:19:11,880

are not right or to witness something we

435

00:19:16,400 --> 00:19:13,650

know is not right and not do anything

436

00:19:19,880 --> 00:19:16,410

about it I call it the comfort room of

437

00:19:22,070 --> 00:19:19,890

denial and so the dissociation is the

438

00:19:25,100 --> 00:19:22,080

same way we go to war you know people

439

00:19:27,260 --> 00:19:25,110

get so upset when somebody shoots a

440

00:19:30,380 --> 00:19:27,270

stranger on the street here in this

441

00:19:31,850 --> 00:19:30,390

country for good reason but don't really

442

00:19:33,590 --> 00:19:31,860

make the connection to the fact that

443

00:19:35,450 --> 00:19:33,600

we're shooting thousands of people on

444

00:19:40,360 --> 00:19:35,460

the street in foreign countries all the

445

00:19:44,060 --> 00:19:40,370

time and so there's this sweet we have

446

00:19:47,030 --> 00:19:44,070

bifurcated from our own self-awareness

447

00:19:49,190 --> 00:19:47,040

our own sentient awareness and it's the

448

00:19:52,220 --> 00:19:49,200

animals who have maintained theirs at

449

00:19:54,740 --> 00:19:52,230

this time my experience is that the

450

00:19:57,530 --> 00:19:54,750

animals are calling us and the white

451

00:20:00,170 --> 00:19:57,540

spirit animals called me to write their

452

00:20:05,480 --> 00:20:00,180

book I was not wise enough to call them

453

00:20:07,250 --> 00:20:05,490

to write my book and the truth they all

454

00:20:09,500 --> 00:20:07,260

animals so anybody in listening audience

455

00:20:11,360 --> 00:20:09,510

who says you know I love birds and I

456

00:20:13,190 --> 00:20:11,370

want to communicate with them or I have

457

00:20:15,470 --> 00:20:13,200

a dog and I'd really like to understand

458

00:20:17,390 --> 00:20:15,480

her better or you know whatever it is

459

00:20:19,820 --> 00:20:17,400

that you're attracted to that's where

460

00:20:22,640 --> 00:20:19,830

you start wherever you already feel you

461

00:20:25,190 --> 00:20:22,650

have a natural rapport and a natural

462

00:20:27,650 --> 00:20:25,200

sense of association that's the best

463

00:20:30,590 --> 00:20:27,660

place to begin expanding your talent of

464

00:20:33,650 --> 00:20:30,600

hearing and of listening you know

465

00:20:34,730 --> 00:20:33,660

telepathy is not really talking it's

466

00:20:37,220 --> 00:20:34,740

about listening

467

00:20:39,440 --> 00:20:37,230

same thing with talk radio which I've

468

00:20:41,720 --> 00:20:39,450

done for 30 some years the really good

469

00:20:44,570 --> 00:20:41,730

hosts are really good listeners they're

470

00:20:46,640 --> 00:20:44,580

not necessarily the best offers and so

471

00:20:48,710 --> 00:20:46,650

the same thing with telepathy and coming

472

00:20:51,740 --> 00:20:48,720

into rapport with nature it's about

473

00:20:53,540 --> 00:20:51,750

listening getting very very quiet inside

474

00:20:56,810 --> 00:20:53,550

of ourselves and taking very seriously

475

00:20:59,090 --> 00:20:56,820

that the tree has consciousness that the

476

00:21:01,430 --> 00:20:59,100

tree has awareness that the tree has

477

00:21:01,850 --> 00:21:01,440

memory in history and that's why if you

478

00:21:04,039 --> 00:21:01,860

go to

479

00:21:05,930 --> 00:21:04,049

any of indigenous communities worldwide

480

00:21:07,700 --> 00:21:05,940

that revered the white spirit animals

481

00:21:10,130 --> 00:21:07,710

whether it's the Buddhists and Hindi's

482

00:21:12,220 --> 00:21:10,140

who revere the white elephant or the

483

00:21:14,840 --> 00:21:12,230

British Columbian tribes of the

484

00:21:16,820 --> 00:21:14,850

rainforest in British Columbia or of all

485

00:21:19,580 --> 00:21:16,830

the Native Americans who cherish the

486

00:21:21,860 --> 00:21:19,590

Buffalo and the wolf etc animals that I

487

00:21:24,019 --> 00:21:21,870

speak about or the Zulu who come into

488

00:21:26,539 --> 00:21:24,029

rapport as part of their shaman training

489

00:21:30,039 --> 00:21:26,549

and initiation into manhood with a lion

490

00:21:33,639 --> 00:21:30,049

and suppress their fear these are all

491

00:21:36,740 --> 00:21:33,649

initiations into quieting our ego

492

00:21:39,200 --> 00:21:36,750

becoming humble and making a commitment

493

00:21:41,539 --> 00:21:39,210

to service and so I'd say when somebody

494

00:21:43,549 --> 00:21:41,549

says well how can I do this the two

495

00:21:46,310 --> 00:21:43,559

components that I think are really

496

00:21:48,500 --> 00:21:46,320

critical for any human to come into

497

00:21:51,590 --> 00:21:48,510

rapport with any other life form are

498

00:21:53,120 --> 00:21:51,600

those two ingredients humility and the

499

00:21:55,460 --> 00:21:53,130

desire to be of service and

500

00:21:57,740 --> 00:21:55,470

interestingly enough that's also the

501
00:22:00,680 --> 00:21:57,750
conditions for prophecy in the Hebrew

502
00:22:02,560 --> 00:22:00,690
prophets there were three qualities that

503
00:22:05,299 --> 00:22:02,570
Maimonides said a prophet had to have

504
00:22:06,980 --> 00:22:05,309
humility which is fascinating it makes

505
00:22:08,539 --> 00:22:06,990
sense where you get out of the way and

506
00:22:11,710 --> 00:22:08,549
you're really not there anymore you're

507
00:22:15,049 --> 00:22:11,720
just a vessel to let spirit move through

508
00:22:17,539 --> 00:22:15,059
the other was courage which is very

509
00:22:20,629 --> 00:22:17,549
interesting the courage to say what you

510
00:22:23,000 --> 00:22:20,639
see the courage to acknowledge what you

511
00:22:25,539 --> 00:22:23,010
hear and the third component was

512
00:22:27,830 --> 00:22:25,549
imagination which is a fascinating thing

513
00:22:29,899 --> 00:22:27,840

because it means that a person with a

514

00:22:32,210 --> 00:22:29,909

rich imagination what does it mean it

515

00:22:35,480 --> 00:22:32,220

means a person who can hold images a

516

00:22:36,830 --> 00:22:35,490

person who can open their mind up to

517

00:22:38,389 --> 00:22:36,840

seeing things that maybe don't

518

00:22:42,230 --> 00:22:38,399

rationality make sense

519

00:22:45,019 --> 00:22:42,240

so in telepathy or in prayer work or in

520

00:22:48,289 --> 00:22:45,029

dream work the the key to coming into

521

00:22:51,139 --> 00:22:48,299

rapport and into improving our capacity

522

00:22:56,180 --> 00:22:51,149

to hear listen and communicate with all

523

00:22:58,070 --> 00:22:56,190

life is this capacity to hold the images

524

00:23:00,019 --> 00:22:58,080

that were given and then the most

525

00:23:02,330 --> 00:23:00,029

important thing is the remote viewers

526
00:23:04,519 --> 00:23:02,340
would tell you and the military remote

527
00:23:07,759 --> 00:23:04,529
viewers who I had a chance to be

528
00:23:10,909 --> 00:23:07,769
schooled by is not to judge what you

529
00:23:12,980 --> 00:23:10,919
hear or say don't try to name what it is

530
00:23:15,440 --> 00:23:12,990
so let's say let's do an exam so

531
00:23:17,210 --> 00:23:15,450
somebody in the audience has a cat

532
00:23:18,799 --> 00:23:17,220
and the cat is really making a mess

533
00:23:20,779 --> 00:23:18,809
these days for whatever reason

534
00:23:22,879 --> 00:23:20,789
something's upsetting the cat so what

535
00:23:25,279 --> 00:23:22,889
you do is you call your cat by its name

536
00:23:27,500 --> 00:23:25,289
three times and you picture this cat

537
00:23:28,940 --> 00:23:27,510
kind of sitting in your heart this is

538
00:23:30,980 --> 00:23:28,950

just a way to envision that you're

539

00:23:32,899 --> 00:23:30,990

moving into your love space you want to

540

00:23:35,060 --> 00:23:32,909

feel what it feels like to love that

541

00:23:36,379 --> 00:23:35,070

animal and then you say to your cat of

542

00:23:39,289 --> 00:23:36,389

her name is Priscilla

543

00:23:43,159 --> 00:23:39,299

you say Priscilla tell me what it is you

544

00:23:45,649 --> 00:23:43,169

need and then just record the very first

545

00:23:50,060 --> 00:23:45,659

images you get but let's say she shows

546

00:23:52,430 --> 00:23:50,070

you an image of a blue square and you go

547

00:23:54,289 --> 00:23:52,440

a blue square what is a blue square and

548

00:23:55,730 --> 00:23:54,299

then you go what is she talking about

549

00:23:57,889 --> 00:23:55,740

and then you might think well it's the

550

00:24:00,139 --> 00:23:57,899

blue cushion on the sofa but it's not

551
00:24:01,430 --> 00:24:00,149
you then think back further and further

552
00:24:03,350 --> 00:24:01,440
then you realize there was a blue

553
00:24:06,320 --> 00:24:03,360
blanket that used to sit in a box that

554
00:24:09,379 --> 00:24:06,330
was her blanket so the important thing

555
00:24:10,970 --> 00:24:09,389
is not to try to name what it is the

556
00:24:12,590 --> 00:24:10,980
animal the tree the river the other

557
00:24:14,360 --> 00:24:12,600
human you're communicating with either

558
00:24:16,399 --> 00:24:14,370
in your presence or at a distance is

559
00:24:19,730 --> 00:24:16,409
telling you it's more important to just

560
00:24:22,399 --> 00:24:19,740
draw the shape see the color feel the

561
00:24:24,259 --> 00:24:22,409
feeling and don't try to figure it out

562
00:24:26,870 --> 00:24:24,269
and don't judge it don't say oh I'm

563
00:24:30,080 --> 00:24:26,880

totally nuts this bird just told me that

564

00:24:32,419 --> 00:24:30,090

its father died you know and you go what

565

00:24:34,340 --> 00:24:32,429

come on bird doesn't have a father who

566

00:24:38,539 --> 00:24:34,350

dies well don't judge it we don't know

567

00:24:40,399 --> 00:24:38,549

that these are that's this great advice

568

00:24:41,840 --> 00:24:40,409

for people who are looking to make these

569

00:24:44,690 --> 00:24:41,850

connections and the other thing that I

570

00:24:47,419 --> 00:24:44,700

found is sometimes the answers come

571

00:24:50,360 --> 00:24:47,429

later so yeah you know it's like if you

572

00:24:52,820 --> 00:24:50,370

can be patient with it then you make the

573

00:24:54,470 --> 00:24:52,830

connection as you've suggested putting

574

00:24:56,299 --> 00:24:54,480

the animal in your heart asking the

575

00:24:57,980 --> 00:24:56,309

question and even if you don't get an

576
00:25:00,620 --> 00:24:57,990
answer right away don't be discouraged

577
00:25:02,720 --> 00:25:00,630
because you may find that you get the

578
00:25:05,539 --> 00:25:02,730
answer when you're washing dishes or

579
00:25:07,970 --> 00:25:05,549
doing something mindless that allows

580
00:25:10,129 --> 00:25:07,980
that that answer to come into your

581
00:25:12,080 --> 00:25:10,139
consciousness absolutely you know it was

582
00:25:13,700 --> 00:25:12,090
actually while I was washing dishes that

583
00:25:15,620 --> 00:25:13,710
I had this vision that compelled me to

584
00:25:17,779 --> 00:25:15,630
write this book when these white spirit

585
00:25:19,730 --> 00:25:17,789
animals come on us and they thought

586
00:25:21,110 --> 00:25:19,740
kidding no it's really true I was

587
00:25:22,430 --> 00:25:21,120
washing the dishes and there all of a

588
00:25:24,740 --> 00:25:22,440

sudden when I was surrounded by these

589

00:25:27,230 --> 00:25:24,750

white spirit animals and I knew that I

590

00:25:29,240 --> 00:25:27,240

was like in front of these prophets they

591

00:25:31,669 --> 00:25:29,250

felt like elders to me

592

00:25:33,919 --> 00:25:31,679

and I felt really humbled and so I

593

00:25:35,690 --> 00:25:33,929

immediately said to them why have you

594

00:25:37,580 --> 00:25:35,700

come to me and what can I do for you and

595

00:25:39,529 --> 00:25:37,590

they told me we want you to tell our

596

00:25:41,570 --> 00:25:39,539

story and to tell it together and so

597

00:25:43,490 --> 00:25:41,580

it's a story about the bear the white

598

00:25:45,260 --> 00:25:43,500

lion the wayfarer the white wolf the

599

00:25:47,840 --> 00:25:45,270

white elephant and the white buffalo and

600

00:25:49,610 --> 00:25:47,850

what they have taught humanity all along

601
00:25:51,409 --> 00:25:49,620
you know people forget that animals are

602
00:25:54,320 --> 00:25:51,419
our elder teachers they're our sisters

603
00:25:56,450 --> 00:25:54,330
and brothers they're not stupid they're

604
00:25:58,899 --> 00:25:56,460
not unaware and it's not as though they

605
00:26:01,940 --> 00:25:58,909
don't understand the universe they do

606
00:26:04,190 --> 00:26:01,950
they live out their purpose exquisitely

607
00:26:06,140 --> 00:26:04,200
they don't whine and moan you know I say

608
00:26:08,299 --> 00:26:06,150
to people I understand animals a lot

609
00:26:10,279 --> 00:26:08,309
better than humans and I work better

610
00:26:15,470 --> 00:26:10,289
with animals truthfully I have to say

611
00:26:19,159 --> 00:26:15,480
this honestly about myself and I do they

612
00:26:20,690 --> 00:26:19,169
don't mess it up for you so an example

613
00:26:22,460 --> 00:26:20,700

I'd like to share so you're leaving the

614

00:26:23,750 --> 00:26:22,470

house and your dogs are anxious about

615

00:26:26,419 --> 00:26:23,760

you going and they don't lay a guilt

616

00:26:28,370 --> 00:26:26,429

trip like maybe a spouse or a child will

617

00:26:29,630 --> 00:26:28,380

like you're leaving me again and I can't

618

00:26:31,279 --> 00:26:29,640

believe you're doing this and you don't

619

00:26:35,180 --> 00:26:31,289

care about me instead the dog will say

620

00:26:37,909 --> 00:26:35,190

when are you coming back and like that

621

00:26:39,590 --> 00:26:37,919

it they're very precise they don't give

622

00:26:41,419 --> 00:26:39,600

you more information than they need or

623

00:26:43,070 --> 00:26:41,429

that you need and you can trust that

624

00:26:46,580 --> 00:26:43,080

what they tell you is true they do not

625

00:26:49,430 --> 00:26:46,590

lie they do play they do pretend but

626

00:26:52,669 --> 00:26:49,440

they do not lie I have never found an

627

00:26:54,080 --> 00:26:52,679

animal that lies ever and I've been

628

00:26:57,500 --> 00:26:54,090

doing this since I was a very young

629

00:26:59,630 --> 00:26:57,510

person yes so that's just it sounds so

630

00:27:01,520 --> 00:26:59,640

right on I mean this is the way animals

631

00:27:06,770 --> 00:27:01,530

are they maintain their integrity we've

632

00:27:08,990 --> 00:27:06,780

lost ours yes in line with us yeah

633

00:27:11,570 --> 00:27:09,000

they're really begging us all you know

634

00:27:14,419 --> 00:27:11,580

we're in the six extinction we're losing

635

00:27:17,029 --> 00:27:14,429

twenty-seven thousand species a year now

636

00:27:20,510 --> 00:27:17,039

that's against a prior background rate

637

00:27:23,029 --> 00:27:20,520

of one to ten a year there was a report

638

00:27:25,190 --> 00:27:23,039

by the World Wildlife Fund in 2014

639

00:27:27,620 --> 00:27:25,200

called the Living Planet report and they

640

00:27:29,360 --> 00:27:27,630

when I read this it just stalked me I

641

00:27:31,730 --> 00:27:29,370

just stopped in my tracks that are

642

00:27:33,860 --> 00:27:31,740

Earth's wild vertebrate population those

643

00:27:37,570 --> 00:27:33,870

are our mammals our birds or reptiles

644

00:27:42,560 --> 00:27:37,580

are amphibians and our fish declined by

645

00:27:46,130 --> 00:27:42,570

52 percent between by 70 and

646

00:27:48,710 --> 00:27:46,140

t-ten so we are in what's called the six

647

00:27:51,440 --> 00:27:48,720

extinction and they're now predicting at

648

00:27:53,210 --> 00:27:51,450

the rate of ecosystem collapse 50% of

649

00:27:56,180 --> 00:27:53,220

the Earth's species will be extinct in

650

00:27:58,280 --> 00:27:56,190

30 years so I asked these elder

651
00:28:00,170 --> 00:27:58,290
statesmen the white spirit animals

652
00:28:02,600 --> 00:28:00,180
prophets have change how can we save

653
00:28:05,510 --> 00:28:02,610
more life on Earth and they emphasize

654
00:28:08,660 --> 00:28:05,520
protecting the apex mammals of each

655
00:28:12,770 --> 00:28:08,670
ecosystem so what they mean is the bear

656
00:28:15,380 --> 00:28:12,780
is the apex guardian of the woodlands

657
00:28:18,010 --> 00:28:15,390
the Lion of the savannas the wolf of the

658
00:28:20,900 --> 00:28:18,020
Rangers and of the woods the elephant of

659
00:28:23,900 --> 00:28:20,910
areas where it is so important to the

660
00:28:26,060 --> 00:28:23,910
fields and woods in India and the

661
00:28:28,760 --> 00:28:26,070
Buffalo are the guardians of our soil

662
00:28:30,770 --> 00:28:28,770
well each of these without the wolf the

663
00:28:33,080 --> 00:28:30,780

entire woods lands falls apart and the

664

00:28:34,820 --> 00:28:33,090

whole hierarchy of species collapses and

665

00:28:36,920 --> 00:28:34,830

we saw that Yellowstone National Park

666

00:28:38,770 --> 00:28:36,930

was a beautiful demonstration of what

667

00:28:40,910 --> 00:28:38,780

happened when the Wolves were gone

668

00:28:43,040 --> 00:28:40,920

ecosystems started to collapse and

669

00:28:45,290 --> 00:28:43,050

animals were perishing and then when

670

00:28:46,760 --> 00:28:45,300

they reintroduced the wolf all kinds of

671

00:28:48,620 --> 00:28:46,770

balance was brought back to life

672

00:28:50,720 --> 00:28:48,630

including the beauty of the river and

673

00:28:53,030 --> 00:28:50,730

the trees so these animals are saying

674

00:28:55,340 --> 00:28:53,040

and unfortunately they are all facing

675

00:28:58,090 --> 00:28:55,350

extinction and they are the very mammals

676

00:29:01,010 --> 00:28:58,100

that men in particular like the hunt

677

00:29:02,690 --> 00:29:01,020

which is tragedy so when people say well

678

00:29:05,090 --> 00:29:02,700

what can I do I said other than coming

679

00:29:08,000 --> 00:29:05,100

into rapport with your local ecosystem

680

00:29:11,090 --> 00:29:08,010

your backyard your streets your streams

681

00:29:13,760 --> 00:29:11,100

your sky your water your land your soil

682

00:29:15,590 --> 00:29:13,770

your trees is to do what you can to help

683

00:29:17,570 --> 00:29:15,600

organizations that are really doing

684

00:29:19,610 --> 00:29:17,580

their best to preserve the life of these

685

00:29:21,260 --> 00:29:19,620

apex Guardian mammals so that means

686

00:29:23,990 --> 00:29:21,270

we're gonna we're gonna get more into

687

00:29:26,240 --> 00:29:24,000

that when we get back from our very

688

00:29:28,070 --> 00:29:26,250

short break with Sahara and talking

689

00:29:30,680 --> 00:29:28,080

about white spirit animals you are

690

00:29:34,100 --> 00:29:30,690

listening to supernatural girls radio

691

00:29:36,650 --> 00:29:34,110

and we will be right back welcome back

692

00:29:39,020 --> 00:29:36,660

everyone to supernatural girls radio I

693

00:29:42,110 --> 00:29:39,030

am your host Patricia Baker and I am

694

00:29:44,480 --> 00:29:42,120

here with my co-host PK and our

695

00:29:47,830 --> 00:29:44,490

illustrious guests we are really

696

00:29:50,270 --> 00:29:47,840

enjoying this conversation with Zahara

697

00:29:52,610 --> 00:29:50,280

hieronymus she's the author of a new

698

00:29:54,960 --> 00:29:52,620

book called white spirit animals

699

00:29:57,539 --> 00:29:54,970

prophets of change

700

00:30:03,120 --> 00:29:57,549

it is he's holding it up it's a great

701
00:30:07,440 --> 00:30:03,130
little bottle to unzip information and

702
00:30:08,940 --> 00:30:07,450
very helpful helpful information Thank

703
00:30:10,860 --> 00:30:08,950
You Shane you know I'd like to tell your

704
00:30:13,350 --> 00:30:10,870
audience they can go to white spirit

705
00:30:15,810 --> 00:30:13,360
animals dot-com online and we

706
00:30:17,940 --> 00:30:15,820
continually add sightings of white

707
00:30:20,909 --> 00:30:17,950
spirit animals and other unusual white

708
00:30:22,500 --> 00:30:20,919
animals onto the website because it's a

709
00:30:24,630 --> 00:30:22,510
phenomena that is happening worldwide

710
00:30:26,730 --> 00:30:24,640
and I think it's important to say that

711
00:30:28,890 --> 00:30:26,740
because the animals are coming forward

712
00:30:30,720 --> 00:30:28,900
whether they're domestic or wild whether

713
00:30:33,060 --> 00:30:30,730

they're white or the colors of their

714

00:30:35,100 --> 00:30:33,070

normative species you know that's the

715

00:30:36,419 --> 00:30:35,110

thing about the white spirit animals in

716

00:30:38,340 --> 00:30:36,429

case somebody's saying well they're all

717

00:30:40,620 --> 00:30:38,350

bye no they're not they share a

718

00:30:42,720 --> 00:30:40,630

recessive gene the same way a woman with

719

00:30:44,510 --> 00:30:42,730

red hair and fair skin does and the

720

00:30:47,070 --> 00:30:44,520

parent may not necessarily have that

721

00:30:49,620 --> 00:30:47,080

coloration but the gene is from equally

722

00:30:51,029 --> 00:30:49,630

the male and the female and the other

723

00:30:53,700 --> 00:30:51,039

thing that's really interesting about

724

00:30:55,440 --> 00:30:53,710

these particular white coated animals

725

00:30:57,000 --> 00:30:55,450

like the white giraffe that was spotted

726

00:30:59,190 --> 00:30:57,010

or the white moose but in this case

727

00:31:01,230 --> 00:30:59,200

these the white spirit animals are

728

00:31:04,169 --> 00:31:01,240

revered by elders worldwide and

729

00:31:06,029 --> 00:31:04,179

indigenous tribal peoples who have had

730

00:31:08,430 --> 00:31:06,039

stories about them they're all connected

731

00:31:10,590 --> 00:31:08,440

with the last ice age they're all said

732

00:31:13,409 --> 00:31:10,600

to have helped humanity survive the last

733

00:31:15,480 --> 00:31:13,419

ice age they are all said to reappear

734

00:31:17,279 --> 00:31:15,490

when earth is about to cleanse herself

735

00:31:19,950 --> 00:31:17,289

and we are in trouble and that they're

736

00:31:21,360 --> 00:31:19,960

here in this again and the other thing

737

00:31:23,610 --> 00:31:21,370

is because they're white they're very

738

00:31:25,830 --> 00:31:23,620

vulnerable and they're very few of them

739

00:31:29,130 --> 00:31:25,840

so we pay more attention to them but

740

00:31:33,149 --> 00:31:29,140

they are regarded by their communities

741

00:31:35,310 --> 00:31:33,159

as as Statesman voices you know that

742

00:31:37,799 --> 00:31:35,320

they're here to bring to humanity the

743

00:31:39,720 --> 00:31:37,809

information that we need and the feeling

744

00:31:42,299 --> 00:31:39,730

nature that we need to develop in order

745

00:31:44,490 --> 00:31:42,309

to work together and the reason to save

746

00:31:46,350 --> 00:31:44,500

each of these capstone species is that

747

00:31:49,140 --> 00:31:46,360

with earth changes we want to make our

748

00:31:51,450 --> 00:31:49,150

earth as resilient as we can and that

749

00:31:54,210 --> 00:31:51,460

means preserving the hierarchy of life

750

00:31:57,060 --> 00:31:54,220

as it exists not as we want it to be as

751

00:31:59,310 --> 00:31:57,070

it was created today and that's really

752

00:32:00,779 --> 00:31:59,320

important you know you had asked me do

753

00:32:04,020 --> 00:32:00,789

you mind if I go forward with this

754

00:32:05,970 --> 00:32:04,030

thought you would ask how it all got so

755

00:32:08,730 --> 00:32:05,980

disconnected and I mentioned you know

756

00:32:11,250 --> 00:32:08,740

some of it is just sort of cultural ah

757

00:32:13,560 --> 00:32:11,260

at thee some of it is personal way

758

00:32:16,169 --> 00:32:13,570

you're brought up summative is your own

759

00:32:17,970 --> 00:32:16,179

sense of what you're related to and

760

00:32:20,970 --> 00:32:17,980

whether or not all life is part of the

761

00:32:22,830 --> 00:32:20,980

same life which I believe it is but some

762

00:32:25,740 --> 00:32:22,840

very particular things happen to

763

00:32:27,840 --> 00:32:25,750

humanity as a whole that I think has a

764

00:32:30,630 --> 00:32:27,850

lot to do with our disconnectedness

765

00:32:32,610 --> 00:32:30,640

overall one of them and this will sound

766

00:32:36,870 --> 00:32:32,620

strange if you've never heard about it

767

00:32:39,540 --> 00:32:36,880

in nine in 1675 the British Royal

768

00:32:42,450 --> 00:32:39,550

Observatory built what we now call

769

00:32:46,260 --> 00:32:42,460

Greenwich Meridian meaning the Meridian

770

00:32:48,750 --> 00:32:46,270

marker up until 1675 that was used

771

00:32:51,180 --> 00:32:48,760

around the world by which to determine

772

00:32:53,370 --> 00:32:51,190

where to put your churches your stone

773

00:32:55,860 --> 00:32:53,380

circles your sacred sites your cities

774

00:32:58,770 --> 00:32:55,870

your houses was based on the three

775

00:33:01,770 --> 00:32:58,780

Pyramids of Giza and the three Pyramids

776

00:33:04,590 --> 00:33:01,780

at Giza represent the belt stars in the

777

00:33:05,640 --> 00:33:04,600

Orion star system that makes the Great

778

00:33:07,560 --> 00:33:05,650

Pyramid at Giza

779

00:33:09,630 --> 00:33:07,570

a stellar clock of what they call the

780

00:33:11,669 --> 00:33:09,640

circumpolar stars these are stars that

781

00:33:13,500 --> 00:33:11,679

don't sink below the horizon but they're

782

00:33:15,030 --> 00:33:13,510

called the undying stars and what was so

783

00:33:19,049 --> 00:33:15,040

interesting was up until that time

784

00:33:22,169 --> 00:33:19,059

period of 1675 the whole world used

785

00:33:25,680 --> 00:33:22,179

those three stars the Great Pyramid at

786

00:33:28,590 --> 00:33:25,690

Giza as the orientation and it points to

787

00:33:30,990 --> 00:33:28,600

the center of the galaxy and ASEAN where

788

00:33:32,700 --> 00:33:31,000

our ancients thought all of our great

789

00:33:35,580 --> 00:33:32,710

teachers came from and where the dead

790

00:33:39,169 --> 00:33:35,590

reside afterlife so that was one thing

791

00:33:43,169 --> 00:33:39,179

we got unhooked from that which up until

792

00:33:47,310 --> 00:33:43,179

1675 would have made in a consciousness

793

00:33:50,310 --> 00:33:47,320

way a stone circle in Ohio related to a

794

00:33:53,630 --> 00:33:50,320

stone circle in in some place in another

795

00:33:57,150 --> 00:33:53,640

country in Ireland so we lost our

796

00:34:00,360 --> 00:33:57,160

connection to the galaxy that's heavy

797

00:34:03,870 --> 00:34:00,370

and it's huge its enormous and it also

798

00:34:06,570 --> 00:34:03,880

changed the astrological calculation by

799

00:34:08,909 --> 00:34:06,580

an entire house you know and so we're

800

00:34:11,580 --> 00:34:08,919

talking about an enormous change of 30

801
00:34:13,500 --> 00:34:11,590
degrees something like one hour and 13

802
00:34:15,659 --> 00:34:13,510
seconds I don't remember it specifically

803
00:34:18,090 --> 00:34:15,669
anymore but it was a significant change

804
00:34:20,399 --> 00:34:18,100
even if you weren't doing astrological

805
00:34:22,409 --> 00:34:20,409
calculations but so that was the first

806
00:34:24,419 --> 00:34:22,419
thing that happened so this goes back up

807
00:34:29,430 --> 00:34:24,429
hundred years so they hijacked our

808
00:34:31,799 --> 00:34:29,440
consciousness with this Meridian oh here

809
00:34:34,980 --> 00:34:31,809
it is I found it in my book 31 degrees 8

810
00:34:36,990 --> 00:34:34,990
minutes and 0.8 seconds so this was like

811
00:34:39,379 --> 00:34:37,000
a procession of an empire but it removed

812
00:34:41,669 --> 00:34:39,389
earth consciousness from the cosmos and

813
00:34:45,599 --> 00:34:41,679

before thus a stark change took place

814

00:34:47,639 --> 00:34:45,609

every holy site was arrayed in a

815

00:34:50,760 --> 00:34:47,649

harmonized fashion making the galactic

816

00:34:53,760 --> 00:34:50,770

center our central orientation as a

817

00:34:55,859 --> 00:34:53,770

species on earth we were hooked to the

818

00:34:57,329 --> 00:34:55,869

Stars we were hooked to other travelers

819

00:34:59,250 --> 00:34:57,339

that's the other interesting thing about

820

00:35:00,930 --> 00:34:59,260

the white spirit animals and their elder

821

00:35:03,650 --> 00:35:00,940

traditions is all of these elder

822

00:35:06,450 --> 00:35:03,660

traditions whether Zulu or Cherokee

823

00:35:09,270 --> 00:35:06,460

Hindu or Buddhist point to off planet

824

00:35:11,490 --> 00:35:09,280

elders from the Pleiades from Sirius

825

00:35:13,710 --> 00:35:11,500

from ASEAN from Lyra it's just

826

00:35:16,559 --> 00:35:13,720

fascinating to me the other thing they

827

00:35:20,099 --> 00:35:16,569

all share in common is that most of them

828

00:35:23,010 --> 00:35:20,109

are in the star systems like Leo and

829

00:35:25,079 --> 00:35:23,020

Taurus etc but but back to unhooking

830

00:35:26,940 --> 00:35:25,089

humanity from our celestial markers so

831

00:35:29,099 --> 00:35:26,950

that was the big thing because to the

832

00:35:31,770 --> 00:35:29,109

Egyptians you know the meridian was the

833

00:35:33,809 --> 00:35:31,780

most important marker in the sky and it

834

00:35:35,670 --> 00:35:33,819

symbolized the splitting of heavens

835

00:35:39,089 --> 00:35:35,680

between life and death east and west so

836

00:35:41,700 --> 00:35:39,099

we lost our sense of sacred belonging

837

00:35:46,530 --> 00:35:41,710

the other enormous thing that happened

838

00:35:50,280 --> 00:35:46,540

was the removal of us in 1582 earlier by

839

00:35:52,589 --> 00:35:50,290

Pope Gregory the 13th when the Gregorian

840

00:35:55,049 --> 00:35:52,599

solar calendar was introduced we were

841

00:35:56,880 --> 00:35:55,059

taken off the lunar calendar a hundred

842

00:35:59,190 --> 00:35:56,890

years before being unhooked from the

843

00:36:02,490 --> 00:35:59,200

galaxy and what does that mean that

844

00:36:04,740 --> 00:36:02,500

means we all as a humanity got divorced

845

00:36:07,230 --> 00:36:04,750

from an awareness of our biorhythms

846

00:36:08,940 --> 00:36:07,240

because we're mostly like rivers we are

847

00:36:11,730 --> 00:36:08,950

really more like rivers than anything

848

00:36:13,829 --> 00:36:11,740

else and so we like the rivers are bound

849

00:36:16,799 --> 00:36:13,839

up in tidal cycles which are governed by

850

00:36:18,599 --> 00:36:16,809

the moon and indigenous tribal peoples

851

00:36:20,789 --> 00:36:18,609

and some traditions still maintain a

852

00:36:22,950 --> 00:36:20,799

lunar calendar but the whole world once

853

00:36:25,170 --> 00:36:22,960

had a lunar awareness and what that

854

00:36:26,849 --> 00:36:25,180

means is if you look at their customs

855

00:36:28,589 --> 00:36:26,859

and the drumming and the rituals which

856

00:36:30,150 --> 00:36:28,599

all happened on full moons there's a

857

00:36:31,170 --> 00:36:30,160

reason for it and I was going to say

858

00:36:34,530 --> 00:36:31,180

it's a good time to practice

859

00:36:36,270 --> 00:36:34,540

communication is on the full moon from

860

00:36:38,340 --> 00:36:36,280

the new moon to the full moon as

861

00:36:41,460 --> 00:36:38,350

time we are expanding and literally our

862

00:36:44,400 --> 00:36:41,470

cells are opening up I think it's the

863

00:36:46,350 --> 00:36:44,410

DNA zips and unzips myself between the

864

00:36:47,850 --> 00:36:46,360

new and the full moon so from the new

865

00:36:49,950 --> 00:36:47,860

mount of the full moon it's a good time

866

00:36:52,170 --> 00:36:49,960

for us to plant our seeds to do our work

867

00:36:55,170 --> 00:36:52,180

to expand out into the world from the

868

00:36:57,720 --> 00:36:55,180

full moon when it declines back to the

869

00:36:59,790 --> 00:36:57,730

new moon is a time to retreat within so

870

00:37:02,340 --> 00:36:59,800

that's the tide it comes in and it goes

871

00:37:04,440 --> 00:37:02,350

out well our month is like that as well

872

00:37:06,300 --> 00:37:04,450

but once we were taken off the lunar

873

00:37:09,450 --> 00:37:06,310

calendar and went to a solar calendar

874

00:37:14,040 --> 00:37:09,460

all of our cultures lost an awareness of

875

00:37:16,740 --> 00:37:14,050

our lunar biorhythm relationship to the

876

00:37:21,330 --> 00:37:16,750

tides and to the cycle of the month and

877

00:37:24,360 --> 00:37:21,340

these are enormous shifts of making it

878

00:37:26,970 --> 00:37:24,370

so a human no longer feels part of

879

00:37:29,250 --> 00:37:26,980

something bigger than themselves and

880

00:37:33,020 --> 00:37:29,260

what's the point of that I mean it

881

00:37:35,250 --> 00:37:33,030

sounds like a descent into hell because

882

00:37:38,160 --> 00:37:35,260

really don't you think cause we're being

883

00:37:40,770 --> 00:37:38,170

taken out of this Garden of Eden you

884

00:37:43,350 --> 00:37:40,780

know where we are connected yeah and and

885

00:37:46,140 --> 00:37:43,360

now we're redirected to this other

886

00:37:49,230 --> 00:37:46,150

horrible situation of disconnection

887

00:37:51,450 --> 00:37:49,240

which is the beginning of the end is

888

00:37:53,490 --> 00:37:51,460

what it sounds like to me but why what

889

00:37:56,370 --> 00:37:53,500

is so important about putting us through

890

00:37:57,960 --> 00:37:56,380

this disconnection anybody know that's a

891

00:38:00,750 --> 00:37:57,970

wonderful question you know I I think

892

00:38:03,600 --> 00:38:00,760

that when we look at evolutionary cycles

893

00:38:06,090 --> 00:38:03,610

and you look at the comings and goings

894

00:38:09,270 --> 00:38:06,100

of whole civilizations as the Mayas have

895

00:38:10,820 --> 00:38:09,280

mapped out so beautifully it has to be

896

00:38:14,460 --> 00:38:10,830

for the purpose of our own development

897

00:38:17,520 --> 00:38:14,470

individually because when all of society

898

00:38:20,550 --> 00:38:17,530

had this sort of close-knit mind brain

899

00:38:22,890 --> 00:38:20,560

connected to everything it was a leader

900

00:38:24,660 --> 00:38:22,900

society you know you followed the king

901
00:38:27,150 --> 00:38:24,670
you followed the dictator you followed

902
00:38:29,070 --> 00:38:27,160
or whatever I really believe that what

903
00:38:31,290 --> 00:38:29,080
we're moving towards is the process of

904
00:38:33,930 --> 00:38:31,300
individuation which is what the tribal

905
00:38:36,420 --> 00:38:33,940
peoples understood you know the animals

906
00:38:38,580 --> 00:38:36,430
urge us to restore matriarchy maternal

907
00:38:40,230 --> 00:38:38,590
lineages because they are all matriarch

908
00:38:42,270 --> 00:38:40,240
ease the wolves are the only ones that

909
00:38:43,950 --> 00:38:42,280
are equal between male and female in the

910
00:38:46,800 --> 00:38:43,960
sense that they have an alpha male and

911
00:38:50,130 --> 00:38:46,810
an alpha female and they co-lead but the

912
00:38:52,979 --> 00:38:50,140
bear the lion the elephant and

913
00:38:55,890 --> 00:38:52,989

the wolf I mean and the Buffalo are all

914

00:38:57,599 --> 00:38:55,900

matriarch ease which we use and what

915

00:38:59,640 --> 00:38:57,609

they mean by that is we used to have

916

00:39:01,589 --> 00:38:59,650

this ethos of care of the mother and

917

00:39:04,140 --> 00:39:01,599

child that was the center about which

918

00:39:05,700 --> 00:39:04,150

the universe of any culture revolved

919

00:39:07,529 --> 00:39:05,710

well that's not true anymore women

920

00:39:10,589 --> 00:39:07,539

children and animals and the earth are

921

00:39:12,989 --> 00:39:10,599

the most abused on earth definitely yes

922

00:39:16,079 --> 00:39:12,999

our las' men who are also abused on

923

00:39:18,029 --> 00:39:16,089

earth today but so these white spirit

924

00:39:20,609 --> 00:39:18,039

animals are telling us return to your

925

00:39:23,789 --> 00:39:20,619

ethos of care of your children and your

926
00:39:26,849 --> 00:39:23,799
mothers return to taking care of each

927
00:39:30,089 --> 00:39:26,859
other and mother earth and know that the

928
00:39:32,519 --> 00:39:30,099
skies above you have a purpose and so

929
00:39:34,559 --> 00:39:32,529
like the bear is a good example as the

930
00:39:36,930 --> 00:39:34,569
Big Dipper and Little Dipper Ursa Major

931
00:39:38,880 --> 00:39:36,940
and Ursa Minor are where all the

932
00:39:41,099 --> 00:39:38,890
longitudes on earth come together so it

933
00:39:43,140 --> 00:39:41,109
tells us that the bear has something to

934
00:39:45,180 --> 00:39:43,150
do with Earth's harmony and that's what

935
00:39:47,489 --> 00:39:45,190
she taught indigenous people she taught

936
00:39:49,620 --> 00:39:47,499
them how to find herbs how to do smudge

937
00:39:51,509 --> 00:39:49,630
medicine how to take care of the baby

938
00:39:54,299 --> 00:39:51,519

how to prepare for the winter how to

939

00:39:55,799 --> 00:39:54,309

store food away how to prepare for and

940

00:39:58,470 --> 00:39:55,809

they keep telling us prepare your

941

00:40:00,599 --> 00:39:58,480

housing and your food now we only have

942

00:40:02,069 --> 00:40:00,609

like 72 days of food stored on this

943

00:40:04,859 --> 00:40:02,079

planet for our planetary population

944

00:40:08,190 --> 00:40:04,869

which is utt so talk about nutso stuff

945

00:40:10,289 --> 00:40:08,200

yes and then you look at what each of

946

00:40:12,029 --> 00:40:10,299

them has to teach us the lion is the

947

00:40:14,039 --> 00:40:12,039

guardian of the heart and it's telling

948

00:40:15,450 --> 00:40:14,049

us it's our noble-hearted duty to take

949

00:40:17,220 --> 00:40:15,460

care of the earth they have considered

950

00:40:19,470 --> 00:40:17,230

guardians of the earth the bear is

951
00:40:22,200 --> 00:40:19,480
considered guardian of the Great Spirit

952
00:40:24,420 --> 00:40:22,210
the wolf is really the shape-shifter who

953
00:40:26,640 --> 00:40:24,430
is there with us at life and death

954
00:40:28,499 --> 00:40:26,650
I think the quick short story is the

955
00:40:31,259 --> 00:40:28,509
wolf is Anubis I share it a fascinating

956
00:40:35,009 --> 00:40:31,269
story about that in the book yes it is

957
00:40:36,479 --> 00:40:35,019
and the Buffalo are I'm just so proud of

958
00:40:39,900 --> 00:40:36,489
President Obama

959
00:40:42,210 --> 00:40:39,910
to have made him the Buffalo our mammal

960
00:40:44,880 --> 00:40:42,220
of the nation because to me it's a very

961
00:40:47,279 --> 00:40:44,890
positive sign that the Buffalo arising

962
00:40:49,499 --> 00:40:47,289
again means that our awareness of their

963
00:40:52,160 --> 00:40:49,509

role as the invigorate errs of spirit

964

00:40:54,900 --> 00:40:52,170

and as the custodians of soil is

965

00:40:56,910 --> 00:40:54,910

happening again and again you know each

966

00:40:59,579 --> 00:40:56,920

of these animals because they preside

967

00:41:02,039 --> 00:40:59,589

over such massive ecosystems to preserve

968

00:41:03,359 --> 00:41:02,049

them is to preserve an entire ecosystem

969

00:41:05,880 --> 00:41:03,369

and higher

970

00:41:07,710 --> 00:41:05,890

give life and that's why they're so

971

00:41:09,630 --> 00:41:07,720

essential and the elders around the

972

00:41:12,150 --> 00:41:09,640

world who revere these white spirit

973

00:41:13,829 --> 00:41:12,160

animals and their appearance understand

974

00:41:16,470 --> 00:41:13,839

that these are the messages that it's

975

00:41:18,660 --> 00:41:16,480

time to come together and like I said

976

00:41:20,339 --> 00:41:18,670

the animals called me to do this work I

977

00:41:23,460 --> 00:41:20,349

didn't call them and what they're

978

00:41:26,160 --> 00:41:23,470

something to us is take care what's

979

00:41:28,799 --> 00:41:26,170

around you you know we've been sort of

980

00:41:31,920 --> 00:41:28,809

brainwashed in the last 30 years to this

981

00:41:34,499 --> 00:41:31,930

global corporate ah cracy this oligarchy

982

00:41:36,390 --> 00:41:34,509

that's destroying the planet and what we

983

00:41:38,849 --> 00:41:36,400

now understand and there's a beautiful

984

00:41:41,160 --> 00:41:38,859

group of people doing this work at local

985

00:41:43,950 --> 00:41:41,170

economies dot-org no it's called local

986

00:41:46,489 --> 00:41:43,960

futures org out of Australia Hellena

987

00:41:48,870 --> 00:41:46,499

norburg hodge who used to be in the UK

988

00:41:50,730 --> 00:41:48,880

has done beautiful work where they've

989

00:41:52,769 --> 00:41:50,740

shown that if you restore your local

990

00:41:54,900 --> 00:41:52,779

economy and your local commerce and your

991

00:41:58,680 --> 00:41:54,910

local relationships you can survive

992

00:42:01,799 --> 00:41:58,690

anything and we and that's important to

993

00:42:03,839 --> 00:42:01,809

restore our local focuses all of us so

994

00:42:05,430 --> 00:42:03,849

go to your backyard and talk to your

995

00:42:07,230 --> 00:42:05,440

trees that aren't doing well and ask

996

00:42:09,779 --> 00:42:07,240

what it means here's an example a tree

997

00:42:12,539 --> 00:42:09,789

said to me we need birds but it had no

998

00:42:14,999 --> 00:42:12,549

lower limbs so I put a beat bird feeder

999

00:42:16,829 --> 00:42:15,009

under the tree and the next summer the

1000

00:42:19,200 --> 00:42:16,839

trees were much better and the flowers

1001
00:42:21,989 --> 00:42:19,210
were better and folks prayer and love

1002
00:42:23,910 --> 00:42:21,999
will heal anything and I don't know that

1003
00:42:25,470 --> 00:42:23,920
the outcome will be the one you want but

1004
00:42:27,509 --> 00:42:25,480
it will be the one that the universe

1005
00:42:29,220 --> 00:42:27,519
wants you know studies in prayer and

1006
00:42:31,650 --> 00:42:29,230
what's the most effective prayer at a

1007
00:42:33,029 --> 00:42:31,660
distance by the spindrift Institute over

1008
00:42:34,950 --> 00:42:33,039
a long period of time they were

1009
00:42:37,769 --> 00:42:34,960
Christian Scientists they proved that

1010
00:42:41,789 --> 00:42:37,779
thy will be done prayers has the largest

1011
00:42:44,190 --> 00:42:41,799
amplitude effect then a specific desire

1012
00:42:46,499 --> 00:42:44,200
prayer like instead of saying can amp

1013
00:42:49,339 --> 00:42:46,509

Martha's arm be healed entirely after

1014

00:42:52,259 --> 00:42:49,349

she broke it you say me Aunt Martha's

1015

00:42:54,630 --> 00:42:52,269

health be restored to balance made the

1016

00:42:57,539 --> 00:42:54,640

greatest outcome be achieved and what

1017

00:43:00,180 --> 00:42:57,549

they found was when humans send love and

1018

00:43:04,140 --> 00:43:00,190

regard and a die will kind of attitude

1019

00:43:06,630 --> 00:43:04,150

change happens in a much better way than

1020

00:43:08,819 --> 00:43:06,640

when we try to make something happen

1021

00:43:10,769 --> 00:43:08,829

with a prayer and in the same way Greg

1022

00:43:13,859 --> 00:43:10,779

bread and gregg braden once shared a

1023

00:43:15,059 --> 00:43:13,869

story of a chief giving him a lesson on

1024

00:43:17,100 --> 00:43:15,069

how to make it rain

1025

00:43:19,500 --> 00:43:17,110

they know that's a great story

1026

00:43:21,240 --> 00:43:19,510

story so in short story Greg thought it

1027

00:43:23,580 --> 00:43:21,250

would be a long elaborate ritual and

1028

00:43:25,470 --> 00:43:23,590

instead long walk up long preparation

1029

00:43:27,600 --> 00:43:25,480

the chief does a little dance in a

1030

00:43:30,360 --> 00:43:27,610

circle and goes that's it let's get

1031

00:43:31,950 --> 00:43:30,370

lunch and Greg was shocked he said well

1032

00:43:34,320 --> 00:43:31,960

where's the big elaborate ceremony he

1033

00:43:37,530 --> 00:43:34,330

said well I did it I felt the rain I

1034

00:43:39,630 --> 00:43:37,540

thank the rain I bless the rain I

1035

00:43:41,760 --> 00:43:39,640

smelled the rain the rain came and I

1036

00:43:43,830 --> 00:43:41,770

thanked creator for the rain and so the

1037

00:43:46,230 --> 00:43:43,840

lesson is the same as the Hasidic

1038

00:43:49,050 --> 00:43:46,240

teachers and Judaism teach don't pray

1039

00:43:50,670 --> 00:43:49,060

from lack pray with gratitude for bounty

1040

00:43:52,800 --> 00:43:50,680

so in the same way when you want to talk

1041

00:43:55,230 --> 00:43:52,810

to an animal and you don't feel you're

1042

00:43:58,320 --> 00:43:55,240

succeeding thank the animal for talking

1043

00:43:59,580 --> 00:43:58,330

to you thank them for having shared with

1044

00:44:01,350 --> 00:43:59,590

you what it is they wanted to

1045

00:44:03,510 --> 00:44:01,360

communicate even if you don't hear them

1046

00:44:06,530 --> 00:44:03,520

you know even if you don't think you got

1047

00:44:09,510 --> 00:44:06,540

anything from it it's the gratitude in

1048

00:44:10,950 --> 00:44:09,520

relationship that grows the relationship

1049

00:44:12,990 --> 00:44:10,960

in the same way if you want to see a

1050

00:44:15,240 --> 00:44:13,000

person change you don't spend time

1051
00:44:18,540 --> 00:44:15,250
spending all your effort on their bad

1052
00:44:20,880 --> 00:44:18,550
nature instead you promote compliment

1053
00:44:23,370 --> 00:44:20,890
and make bigger they're good nature and

1054
00:44:25,290 --> 00:44:23,380
when you do that a person automatically

1055
00:44:27,150 --> 00:44:25,300
changes on their own this is the best

1056
00:44:28,110 --> 00:44:27,160
way to raise children it's not that you

1057
00:44:30,300 --> 00:44:28,120
don't tell them when they've done

1058
00:44:31,830 --> 00:44:30,310
something wrong but you also spend a lot

1059
00:44:33,750 --> 00:44:31,840
of time praising them for what they do

1060
00:44:35,910 --> 00:44:33,760
that's good because it gives a human

1061
00:44:37,380 --> 00:44:35,920
then the confidence in their own inner

1062
00:44:40,020 --> 00:44:37,390
voice and that's what the indigenous

1063
00:44:43,200 --> 00:44:40,030

people did to nurture that sort of self

1064

00:44:45,480 --> 00:44:43,210

held being you asked me along moments

1065

00:44:47,910 --> 00:44:45,490

ago why this disconnection and I think

1066

00:44:50,670 --> 00:44:47,920

this is why so that we all learn to be

1067

00:44:53,880 --> 00:44:50,680

self governed yeah and I think we all

1068

00:44:57,420 --> 00:44:53,890

need to make that choice that we don't

1069

00:44:59,910 --> 00:44:57,430

want to be lemmings necessarily but we

1070

00:45:04,350 --> 00:44:59,920

do want to find our own way and then

1071

00:45:06,870 --> 00:45:04,360

choose community or choose service so

1072

00:45:08,850 --> 00:45:06,880

yeah there's a lot of really wonderful

1073

00:45:11,460 --> 00:45:08,860

points that you're making about all this

1074

00:45:12,780 --> 00:45:11,470

it's also a little bit disheartening to

1075

00:45:15,960 --> 00:45:12,790

say it put it mildly

1076

00:45:19,440 --> 00:45:15,970

that we've created a world where there's

1077

00:45:21,750 --> 00:45:19,450

so much suffering and it's all it seems

1078

00:45:25,350 --> 00:45:21,760

to be motivated by a lot of courage you

1079

00:45:28,410 --> 00:45:25,360

know and as you say dissociation of lack

1080

00:45:29,970 --> 00:45:28,420

of connection objectification you know

1081

00:45:30,510 --> 00:45:29,980

all of these things contribute to that

1082

00:45:33,000 --> 00:45:30,520

and

1083

00:45:35,100 --> 00:45:33,010

it's very disheartening let's see that

1084

00:45:38,580 --> 00:45:35,110

scientific materialism cartesianism

1085

00:45:40,470 --> 00:45:38,590

which we've yes answers which says our

1086

00:45:43,350 --> 00:45:40,480

consciousness stops when we die and

1087

00:45:44,730 --> 00:45:43,360

we're only a body and all of us in the

1088

00:45:48,450 --> 00:45:44,740

listening audience in here together

1089

00:45:49,680 --> 00:45:48,460

tonight know that that's not true you

1090

00:45:52,590 --> 00:45:49,690

know we are all one

1091

00:45:54,420 --> 00:45:52,600

there is no I always joke now we're all

1092

00:46:01,740 --> 00:45:54,430

in it together or we're all in it

1093

00:46:03,780 --> 00:46:01,750

together doctrine full heart stuck

1094

00:46:06,030 --> 00:46:03,790

around you from hearts told me once that

1095

00:46:09,270 --> 00:46:06,040

really kind of blew my mind this was

1096

00:46:11,040 --> 00:46:09,280

many many years ago and he said you have

1097

00:46:13,770 --> 00:46:11,050

to understand that we all have the same

1098

00:46:18,510 --> 00:46:13,780

DNA and I'm like what are you talking

1099

00:46:22,790 --> 00:46:18,520

about so we all have the same DNA it's

1100

00:46:26,240 --> 00:46:22,800

just that all species have different

1101

00:46:29,400 --> 00:46:26,250

purposes aspects of the DNA that's

1102

00:46:31,290 --> 00:46:29,410

activated but it's still the same DNA

1103

00:46:33,000 --> 00:46:31,300

and as he went through explaining it to

1104

00:46:33,600 --> 00:46:33,010

me in his beautiful ways much smarter

1105

00:46:37,230 --> 00:46:33,610

than I am

1106

00:46:39,570 --> 00:46:37,240

I was just spellbound and and it it

1107

00:46:40,920 --> 00:46:39,580

always stuck with me what he said it's

1108

00:46:43,080 --> 00:46:40,930

an interesting question because when I

1109

00:46:44,970 --> 00:46:43,090

covered Global Affairs and there was the

1110

00:46:47,700 --> 00:46:44,980

horrible things going on and between

1111

00:46:50,400 --> 00:46:47,710

rwanda and burundi x' and I really was

1112

00:46:52,740 --> 00:46:50,410

distraught and I asked the Lord I asked

1113

00:46:54,990 --> 00:46:52,750

what is it that separates one human from

1114

00:46:57,930 --> 00:46:55,000

another why could a neighbor go and kill

1115

00:47:00,180 --> 00:46:57,940

their child next door and a voice that

1116

00:47:02,310 --> 00:47:00,190

was crystal clear unlike a human voice

1117

00:47:04,590 --> 00:47:02,320

it was really like you know spirits

1118

00:47:07,230 --> 00:47:04,600

speaking out loud said to me the only

1119

00:47:11,670 --> 00:47:07,240

thing that differentiates one human from

1120

00:47:13,530 --> 00:47:11,680

another is their blood type which of

1121

00:47:15,540 --> 00:47:13,540

course sent me on a track to ask all the

1122

00:47:17,430 --> 00:47:15,550

UFO investigators are they doing an

1123

00:47:21,500 --> 00:47:17,440

inventory of the blood types of the

1124

00:47:24,300 --> 00:47:21,510

abductees yes so they are they are right

1125

00:47:25,800 --> 00:47:24,310

or not until very recently they we're

1126
00:47:27,840 --> 00:47:25,810
not okay because I know there's been a

1127
00:47:32,640 --> 00:47:27,850
lot of talk about Rh negative and yes

1128
00:47:38,550 --> 00:47:32,650
which I am as well so talked about a lot

1129
00:47:40,500 --> 00:47:38,560
of other times everybody listening

1130
00:47:43,020 --> 00:47:40,510
audience literally folks we can do this

1131
00:47:44,430 --> 00:47:43,030
together and it's really about having

1132
00:47:46,589 --> 00:47:44,440
faith in your heart

1133
00:47:48,630 --> 00:47:46,599
and faith in who you are is a unique

1134
00:47:50,640 --> 00:47:48,640
human there is nobody like you then it

1135
00:47:52,140 --> 00:47:50,650
will never be anybody else like you and

1136
00:47:53,940 --> 00:47:52,150
we're each year to have certain

1137
00:47:56,339 --> 00:47:53,950
experiences and to contribute other

1138
00:47:58,680 --> 00:47:56,349

experiences for other life none of us

1139

00:48:01,079 --> 00:47:58,690

are here for ourselves alone so just

1140

00:48:02,730 --> 00:48:01,089

remember you're a powerful person your

1141

00:48:04,530 --> 00:48:02,740

good words thoughts and deeds as

1142

00:48:05,730 --> 00:48:04,540

elephant showed and I share a story in

1143

00:48:07,859 --> 00:48:05,740

the book we don't have time to go

1144

00:48:10,589 --> 00:48:07,869

through but elephant made clear that any

1145

00:48:12,660 --> 00:48:10,599

good deed any of us does is captured by

1146

00:48:15,839 --> 00:48:12,670

the universe and used in the future to

1147

00:48:17,640 --> 00:48:15,849

water the soil of manifestation Rudolf

1148

00:48:20,370 --> 00:48:17,650

Steiner said the exact same thing the

1149

00:48:23,040 --> 00:48:20,380

great anthroposophical visionary that

1150

00:48:25,440 --> 00:48:23,050

any good deed we do is seated in the

1151

00:48:28,700 --> 00:48:25,450

future from the galaxy to our little toe

1152

00:48:32,040 --> 00:48:28,710

and don't ever underestimate or

1153

00:48:34,530 --> 00:48:32,050

eliminate the value don't undervalue the

1154

00:48:36,839 --> 00:48:34,540

good that you do even if it's just a

1155

00:48:40,230 --> 00:48:36,849

good thought a good thought is powerful

1156

00:48:43,890 --> 00:48:40,240

a good prayer is magical a good deed you

1157

00:48:46,140 --> 00:48:43,900

can't do anything greater that's so

1158

00:48:47,819 --> 00:48:46,150

important to remember now here's an

1159

00:48:49,530 --> 00:48:47,829

interesting question since you bring up

1160

00:48:52,400 --> 00:48:49,540

extraterrestrials this is from Graham

1161

00:48:54,809 --> 00:48:52,410

who wants to know do extraterrestrials

1162

00:48:58,710 --> 00:48:54,819

sometimes use animals as a means to

1163

00:49:01,290 --> 00:48:58,720

communicate with us you ever had any yes

1164

00:49:04,260 --> 00:49:01,300

I definitely think that's so aha

1165

00:49:06,000 --> 00:49:04,270

definitely you know some have said AI's

1166

00:49:08,780 --> 00:49:06,010

in particular but I don't think it's

1167

00:49:12,120 --> 00:49:08,790

just ours I think dears I think any any

1168

00:49:14,520 --> 00:49:12,130

sentient being has the capacity to be

1169

00:49:17,160 --> 00:49:14,530

utilized by another sentient being

1170

00:49:19,500 --> 00:49:17,170

through telepathy or actual I don't know

1171

00:49:22,440 --> 00:49:19,510

how they do it but through using the

1172

00:49:25,470 --> 00:49:22,450

body you know but I'm not an expert in

1173

00:49:29,849 --> 00:49:25,480

that what I know about though is that if

1174

00:49:32,309 --> 00:49:29,859

all mind is one mind from us on earth to

1175

00:49:34,349 --> 00:49:32,319

the galaxy and across the universe of

1176

00:49:37,280 --> 00:49:34,359

course we're in communication with other

1177

00:49:39,420 --> 00:49:37,290

beings we know that we always have been

1178

00:49:41,280 --> 00:49:39,430

you know they can't interfere with our

1179

00:49:44,130 --> 00:49:41,290

destiny and our karma and our

1180

00:49:45,960 --> 00:49:44,140

opportunity to arise as you know golden

1181

00:49:48,690 --> 00:49:45,970

citizens in the golden village once

1182

00:49:50,790 --> 00:49:48,700

again where we're not but at the same

1183

00:49:52,500 --> 00:49:50,800

time they don't all wish us harm some

1184

00:49:54,809 --> 00:49:52,510

could care less some treat us the way we

1185

00:49:57,870 --> 00:49:54,819

treat lab animals just another test tube

1186

00:49:59,730 --> 00:49:57,880

to test things but definitely

1187

00:50:02,730 --> 00:49:59,740

think you're right yes I mean it can

1188

00:50:04,650 --> 00:50:02,740

take on many shapes and sizes here with

1189

00:50:07,290 --> 00:50:04,660

the extraterrestrials and

1190

00:50:09,420 --> 00:50:07,300

interdimensional so we don't know we're

1191

00:50:11,580 --> 00:50:09,430

so focused on our daily lives and all

1192

00:50:14,430 --> 00:50:11,590

the drama you know if we would just take

1193

00:50:17,730 --> 00:50:14,440

even a few minutes to quiet the mind and

1194

00:50:20,940 --> 00:50:17,740

get away from that construct then it

1195

00:50:22,170 --> 00:50:20,950

would be so much easier to to start to

1196

00:50:24,510 --> 00:50:22,180

create these changes that you talked

1197

00:50:26,370 --> 00:50:24,520

about so eloquently in your book well it

1198

00:50:27,870 --> 00:50:26,380

doesn't take anything big I like what

1199

00:50:29,820 --> 00:50:27,880

the Dalai Lama and others have said

1200

00:50:31,500 --> 00:50:29,830

there is no spirituality outside your

1201

00:50:33,150 --> 00:50:31,510

daily life you know maybe when we were

1202

00:50:34,950 --> 00:50:33,160

younger we went to workshops you get all

1203

00:50:36,960 --> 00:50:34,960

these blissful highs in this experience

1204

00:50:39,120 --> 00:50:36,970

in that experience but at some point you

1205

00:50:41,730 --> 00:50:39,130

learn it's really about becoming self

1206

00:50:44,520 --> 00:50:41,740

mastered that the greatest spiritual

1207

00:50:47,970 --> 00:50:44,530

development occurs and so the best we

1208

00:50:49,830 --> 00:50:47,980

can do is to be good to be kind to try

1209

00:50:51,450 --> 00:50:49,840

to be of service to try to be helpful if

1210

00:50:54,450 --> 00:50:51,460

you see somebody suffering the grocery

1211

00:50:57,630 --> 00:50:54,460

store you know just say something nice

1212

00:51:00,510 --> 00:50:57,640

to them yeah or if you see an animal

1213

00:51:02,460 --> 00:51:00,520

being mistreated then you know you've

1214

00:51:05,010 --> 00:51:02,470

got to take care of it okay take care of

1215

00:51:07,410 --> 00:51:05,020

business here yeah and so all of us have

1216

00:51:09,390 --> 00:51:07,420

a role to play and just because maybe

1217

00:51:11,430 --> 00:51:09,400

right now somebody in the audience that

1218

00:51:13,440 --> 00:51:11,440

says well I can't talk to the animals I

1219

00:51:15,600 --> 00:51:13,450

promise you as I teach in the dream in

1220

00:51:18,210 --> 00:51:15,610

the book white spirit animals you can

1221

00:51:19,560 --> 00:51:18,220

dream the answers you need to anything

1222

00:51:21,930 --> 00:51:19,570

you need in your life whether it's

1223

00:51:24,180 --> 00:51:21,940

healing or a partner or good advice to

1224

00:51:25,980 --> 00:51:24,190

your business or to make contact with a

1225

00:51:28,050 --> 00:51:25,990

beloved one on the other side before you

1226

00:51:30,600 --> 00:51:28,060

go to sleep at night picture whoever

1227

00:51:32,490 --> 00:51:30,610

whatever in your mind bring them into

1228

00:51:34,320 --> 00:51:32,500

your heart feel what it feels like when

1229

00:51:36,450 --> 00:51:34,330

you are in that love state with them and

1230

00:51:39,090 --> 00:51:36,460

then ask them to communicate with you in

1231

00:51:40,290 --> 00:51:39,100

your dream and be prepared to wake up in

1232

00:51:41,850 --> 00:51:40,300

the middle of the night and write down

1233

00:51:43,800 --> 00:51:41,860

what you get because I can promise you

1234

00:51:46,650 --> 00:51:43,810

most of us will not remember it when we

1235

00:51:49,710 --> 00:51:46,660

wake up in the morning very good advice

1236

00:51:52,950 --> 00:51:49,720

and I you're preaching to the choir with

1237

00:51:55,230 --> 00:51:52,960

us because both PK and I are big on

1238

00:51:56,670 --> 00:51:55,240

dreaming and paying attention to your

1239

00:51:58,770 --> 00:51:56,680

dreams but unfortunately what we've

1240

00:52:02,010 --> 00:51:58,780

found is so many people want the magic

1241

00:52:05,130 --> 00:52:02,020

pill and they're unwilling sometimes you

1242

00:52:08,300 --> 00:52:05,140

know to to do the I don't want to call

1243

00:52:11,700 --> 00:52:08,310

it work it's pretty make a commitment to

1244

00:52:13,680 --> 00:52:11,710

learning about your own unconscious mind

1245

00:52:15,599 --> 00:52:13,690

but you know there's another dream

1246

00:52:18,240 --> 00:52:15,609

exercise one of my Kabbalah teachers

1247

00:52:20,099 --> 00:52:18,250

taught me years ago from Morocco is you

1248

00:52:22,290 --> 00:52:20,109

write down when you wake up in the

1249

00:52:24,270 --> 00:52:22,300

morning the last thought you had going

1250

00:52:26,250 --> 00:52:24,280

to sleep you have to try to remember it

1251

00:52:28,470 --> 00:52:26,260

try to hold on to as you're drifting off

1252

00:52:30,180 --> 00:52:28,480

to sleep your very last thought and when

1253

00:52:31,920 --> 00:52:30,190

you wake up write your very first

1254

00:52:34,140 --> 00:52:31,930

thought when you wake up and you will be

1255

00:52:40,170 --> 00:52:34,150

astounded what's really happening when

1256

00:52:44,550 --> 00:52:40,180

you sleep I want one of our favorite

1257

00:52:46,020 --> 00:52:44,560

topics with animals and I want to

1258

00:52:48,300 --> 00:52:46,030

promise you if you read the book white

1259

00:52:49,829 --> 00:52:48,310

spirit animals prophets of change with

1260

00:52:51,930 --> 00:52:49,839

the internet now when you dream

1261

00:52:54,420 --> 00:52:51,940

something from an animal or a tree or a

1262

00:52:56,609 --> 00:52:54,430

river or continent or a person you can

1263

00:52:58,170 --> 00:52:56,619

go right to the internet and google it

1264

00:52:58,890 --> 00:52:58,180

and see if what they tell you is true

1265

00:53:01,410 --> 00:52:58,900

like whoops

1266

00:53:03,510 --> 00:53:01,420

we don't have flash and chips with Fox

1267

00:53:05,160 --> 00:53:03,520

but we do with coyote and they were

1268

00:53:07,230 --> 00:53:05,170

right we're gonna have to pick this up

1269

00:53:08,700 --> 00:53:07,240

after the break Sahara and again it's

1270

00:53:10,460 --> 00:53:08,710

one of our favorite topics we're gonna

1271

00:53:13,170 --> 00:53:10,470

revisit this in just a couple minutes

1272

00:53:14,940 --> 00:53:13,180

another short commercial break everybody

1273

00:53:17,460 --> 00:53:14,950

but stay tuned you are listening to

1274

00:53:19,740 --> 00:53:17,470

Supernatural girls radio we will be

1275

00:53:21,720 --> 00:53:19,750

right back welcome back everyone to

1276

00:53:24,109 --> 00:53:21,730

supernatural girls radio I'm your host

1277

00:53:27,930 --> 00:53:24,119

Patricia Baker I am here with my co-host

1278

00:53:30,390 --> 00:53:27,940

PK Patricia Kirkman who you can find at

1279

00:53:32,750 --> 00:53:30,400

Patricia Kirkman comm I know she's been

1280

00:53:35,730 --> 00:53:32,760

offering a very special offer for

1281

00:53:38,010 --> 00:53:35,740

readings for gift certificates this is

1282

00:53:40,829 --> 00:53:38,020

your last chance to get those so be sure

1283

00:53:43,380 --> 00:53:40,839

to go to Patricia Kirkman dot-com and

1284

00:53:46,890 --> 00:53:43,390

get your gift certificate or sign up for

1285

00:53:48,380 --> 00:53:46,900

your own personal reading and be sure to

1286

00:53:51,810 --> 00:53:48,390

also visit our Facebook page

1287

00:53:53,880 --> 00:53:51,820

Supernatural girls with a Z don't forget

1288

00:53:56,070 --> 00:53:53,890

it and please give us a like on Facebook

1289

00:53:57,440 --> 00:53:56,080

we are speaking tonight with a

1290

00:54:00,750 --> 00:53:57,450

delightful guest

1291

00:54:03,120 --> 00:54:00,760

sohara here on Thomas I love that name

1292

00:54:05,099 --> 00:54:03,130

too it just kind of it just I was just

1293

00:54:07,500 --> 00:54:05,109

going to say it has a melodious

1294

00:54:19,920 --> 00:54:07,510

oh sure you're gonna make me not be the

1295

00:54:22,200 --> 00:54:19,930

one getting learning so much tonight

1296

00:54:25,370 --> 00:54:22,210

about our disconnection how it happened

1297

00:54:27,049 --> 00:54:25,380

and some tips on how we can reconnect

1298

00:54:28,700 --> 00:54:27,059

one of the ways you're suggesting is

1299

00:54:31,549 --> 00:54:28,710

through paying attention to dreams and

1300

00:54:33,650 --> 00:54:31,559

you've given some great suggestions as

1301
00:54:36,710 --> 00:54:33,660
to how we can do that and I wanted to

1302
00:54:38,960 --> 00:54:36,720
read go back to this conversation but we

1303
00:54:41,390 --> 00:54:38,970
had before the break because I think it

1304
00:54:44,359 --> 00:54:41,400
is very important and it's free I mean

1305
00:54:45,799 --> 00:54:44,369
it doesn't cost anybody anything to pay

1306
00:54:48,410 --> 00:54:45,809
attention to their dreams so do you have

1307
00:54:50,150 --> 00:54:48,420
any other tips for people who want to do

1308
00:54:51,829 --> 00:54:50,160
this kind of thing I do and I think it's

1309
00:54:54,499 --> 00:54:51,839
very important to remember that the

1310
00:54:59,029 --> 00:54:54,509
ancients held dreams as sacred as waking

1311
00:55:02,719 --> 00:54:59,039
time impression and and that we spend

1312
00:55:04,789 --> 00:55:02,729
almost half our life asleep and and in

1313
00:55:08,479 --> 00:55:04,799

the Jewish teachings it said that a

1314

00:55:11,930 --> 00:55:08,489

dream is one sixtieth of the afterlife

1315

00:55:15,109 --> 00:55:11,940

and sleep is one sixtieth of death so

1316

00:55:17,210 --> 00:55:15,119

what we experience when we dream is one

1317

00:55:20,239 --> 00:55:17,220

sixtieth of what it's like to be on the

1318

00:55:22,999 --> 00:55:20,249

other side so by practicing dreaming

1319

00:55:25,370 --> 00:55:23,009

while we're alive it makes us much more

1320

00:55:28,460 --> 00:55:25,380

facile when we cross to the other side

1321

00:55:31,099 --> 00:55:28,470

and are experiencing what is very much

1322

00:55:33,109 --> 00:55:31,109

like a dream experience where once you

1323

00:55:34,789 --> 00:55:33,119

become conscious in a dream as lucid

1324

00:55:37,459 --> 00:55:34,799

dreaming that's a particular kind of

1325

00:55:41,209 --> 00:55:37,469

dreaming you can actually use your own

1326

00:55:42,799 --> 00:55:41,219

conscious will to create like a movie

1327

00:55:44,180 --> 00:55:42,809

that you're in in your dream but what I

1328

00:55:46,069 --> 00:55:44,190

did with this book you know I'm a

1329

00:55:48,440 --> 00:55:46,079

natural telepath where I'm awaking

1330

00:55:49,880 --> 00:55:48,450

telepath I communicate with animals just

1331

00:55:51,680 --> 00:55:49,890

sitting here you tell me the animal's

1332

00:55:55,219 --> 00:55:51,690

name and I get an impression and I share

1333

00:55:57,229 --> 00:55:55,229

what I hear or see but I decided in this

1334

00:55:59,329 --> 00:55:57,239

case I had never practiced what is a

1335

00:56:00,229 --> 00:55:59,339

shamanistic technique called dream

1336

00:56:01,819 --> 00:56:00,239

telepathy

1337

00:56:04,430 --> 00:56:01,829

you know when shamans and medicine men

1338

00:56:06,469 --> 00:56:04,440

are asked to help an individual or

1339

00:56:09,319 --> 00:56:06,479

community or an ecosystem they will

1340

00:56:11,719 --> 00:56:09,329

often use their dreams to figure out

1341

00:56:13,489 --> 00:56:11,729

what to do and they may ask as I have

1342

00:56:15,259 --> 00:56:13,499

been taught from my great teachers the

1343

00:56:17,870 --> 00:56:15,269

late Terry Edward Ross who was a dowser

1344

00:56:21,019 --> 00:56:17,880

and taught how to turn DNA on and off at

1345

00:56:23,150 --> 00:56:21,029

a distance fascinating but he said you

1346

00:56:27,589 --> 00:56:23,160

we all need to do this we need to ask

1347

00:56:29,660 --> 00:56:27,599

may I can I and should I before we do

1348

00:56:32,209 --> 00:56:29,670

anything whether we're dowsing well or

1349

00:56:34,609 --> 00:56:32,219

sending Reiki healing or dreaming

1350

00:56:36,799 --> 00:56:34,619

somebody else into our dream and the

1351
00:56:39,109 --> 00:56:36,809
reason is to make sure that what you

1352
00:56:43,249 --> 00:56:39,119
intend is appropriate for that

1353
00:56:45,019 --> 00:56:43,259
River or person or animal that you

1354
00:56:47,359 --> 00:56:45,029
should do it because it's an appropriate

1355
00:56:49,819 --> 00:56:47,369
time and may I it's like asking the

1356
00:56:51,170 --> 00:56:49,829
universe may I do this thing now will

1357
00:56:53,749 --> 00:56:51,180
you collaborate with me

1358
00:56:55,640 --> 00:56:53,759
so in dream telepathy the beauty of it

1359
00:56:57,829 --> 00:56:55,650
and I did this for a year before I even

1360
00:57:00,200 --> 00:56:57,839
started writing the book or studying any

1361
00:57:02,870 --> 00:57:00,210
of the animals before I go to sleep at

1362
00:57:04,579 --> 00:57:02,880
night I think about I did this with one

1363
00:57:07,519 --> 00:57:04,589

animal at a time for a couple of months

1364

00:57:09,799 --> 00:57:07,529

and I would just dream about bear first

1365

00:57:12,259 --> 00:57:09,809

bear was the first in my book and all I

1366

00:57:14,420 --> 00:57:12,269

did was ask bear tell me what I need to

1367

00:57:17,239 --> 00:57:14,430

know what can I do to help you you know

1368

00:57:19,759 --> 00:57:17,249

your story is so important as guardian

1369

00:57:22,220 --> 00:57:19,769

of spirit in the north and then I would

1370

00:57:24,019 --> 00:57:22,230

have these dreams and one of the dreams

1371

00:57:26,569 --> 00:57:24,029

was about bear showing me and teaching

1372

00:57:29,779 --> 00:57:26,579

me how the Indians learned about smudge

1373

00:57:31,819 --> 00:57:29,789

medicine how they learn pipe medicine

1374

00:57:33,380 --> 00:57:31,829

bear taught the bear taught them how to

1375

00:57:36,140 --> 00:57:33,390

find herbs for healing

1376
00:57:38,480 --> 00:57:36,150
so we discovered that the animals were

1377
00:57:39,950 --> 00:57:38,490
actually the elder teachers of humans

1378
00:57:41,989 --> 00:57:39,960
wolf taught us how to hunt

1379
00:57:45,079 --> 00:57:41,999
wolf taught us how to organize ourselves

1380
00:57:47,749 --> 00:57:45,089
so in dream telepathy and I demonstrated

1381
00:57:50,029 --> 00:57:47,759
in the book in numerous instances I

1382
00:57:51,890 --> 00:57:50,039
started to mention one that we do have

1383
00:57:55,160 --> 00:57:51,900
time I thought we were ending earlier

1384
00:57:56,630 --> 00:57:55,170
than you do Alif elephant is a good one

1385
00:57:58,700 --> 00:57:56,640
to share because I mentioned already

1386
00:58:01,489 --> 00:57:58,710
that any good thing we do in the world

1387
00:58:03,499 --> 00:58:01,499
the world recognizes the universe holds

1388
00:58:05,660 --> 00:58:03,509

it's used somewhere else to water the

1389

00:58:08,180 --> 00:58:05,670

seeds of the future so I had this dream

1390

00:58:10,999 --> 00:58:08,190

three nights in a row of these two men

1391

00:58:12,589 --> 00:58:11,009

whose faces I couldn't place finally on

1392

00:58:14,269 --> 00:58:12,599

the third night off and I had the same

1393

00:58:23,779 --> 00:58:14,279

dream three nights in a row because I'm

1394

00:58:26,599 --> 00:58:23,789

a slow learner oh I know who those are

1395

00:58:28,880 --> 00:58:26,609

that's Charlie Rose and Senator John

1396

00:58:30,140 --> 00:58:28,890

Warner of Virginia and I'm thinking at

1397

00:58:31,910 --> 00:58:30,150

first well that's because of my

1398

00:58:33,890 --> 00:58:31,920

broadcast years of my political

1399

00:58:35,509 --> 00:58:33,900

commentary years and that's nothing to

1400

00:58:38,150 --> 00:58:35,519

do with the animals and I thought no

1401
00:58:40,460 --> 00:58:38,160
that's a strange dream but I decided to

1402
00:58:43,609 --> 00:58:40,470
check it out so with Google magic my

1403
00:58:47,539 --> 00:58:43,619
magic Google Ball I typed in Charlie

1404
00:58:50,359 --> 00:58:47,549
Rose and elephant and I typed in John

1405
00:58:52,290 --> 00:58:50,369
Warner and elephant and surprisingly two

1406
00:58:55,230 --> 00:58:52,300
stories came up

1407
00:58:58,170 --> 00:58:55,240
Charlie Rose had done a program to save

1408
00:59:00,210 --> 00:58:58,180
the elephants from the barbaric ivory

1409
00:59:03,750 --> 00:59:00,220
trade that's going on in the decimation

1410
00:59:06,300 --> 00:59:03,760
of all these herds and John Warner was

1411
00:59:08,430 --> 00:59:06,310
shown befriending an animal elephant

1412
00:59:11,310 --> 00:59:08,440
named jewel when he went to his alma

1413
00:59:13,620 --> 00:59:11,320

mater of Washington Lee I think it is

1414

00:59:15,450 --> 00:59:13,630

and they were having a mock Republican

1415

00:59:17,190 --> 00:59:15,460

convention and he had a very intimate

1416

00:59:19,020 --> 00:59:17,200

sort of picture with this beautiful

1417

00:59:21,600 --> 00:59:19,030

elephant so I think was Barnum and

1418

00:59:23,310 --> 00:59:21,610

Bailey's who has was euthanized in 2013

1419

00:59:25,680 --> 00:59:23,320

at the Arkansas Zoo at least in my

1420

00:59:27,840 --> 00:59:25,690

research but what that showed me in my

1421

00:59:31,260 --> 00:59:27,850

dreams is that the elephant was telling

1422

00:59:33,330 --> 00:59:31,270

us that any kind deed we do this was the

1423

00:59:38,760 --> 00:59:33,340

great elephant act of kindness basically

1424

00:59:41,700 --> 00:59:38,770

is remembered by their species that came

1425

00:59:46,200 --> 00:59:41,710

in my dreams Wolf Wolf three nights in a

1426
00:59:48,420 --> 00:59:46,210
row again I'm very slow if they were a

1427
00:59:50,040 --> 00:59:48,430
school teacher shaking his paw in front

1428
00:59:55,710 --> 00:59:50,050
of me going if you learn nothing else

1429
00:59:58,290 --> 00:59:55,720
sohara you remember this well we have

1430
01:00:01,320 --> 00:59:58,300
relations with coyote but we don't with

1431
01:00:04,710 --> 01:00:01,330
Fox and I love Fox by the way I see Fox

1432
01:00:06,810 --> 01:00:04,720
I've meet Fox I am like Fox and and so I

1433
01:00:09,990 --> 01:00:06,820
went to my magic Google ball and I

1434
01:00:12,870 --> 01:00:10,000
google Fox coyote wolf and what comes up

1435
01:00:16,440 --> 01:00:12,880
yes it's true Fox and Wolf and coyote

1436
01:00:20,550 --> 01:00:16,450
share the same DNA complex Fox does not

1437
01:00:23,130 --> 01:00:20,560
that's yes so so fascinating you're able

1438
01:00:24,990 --> 01:00:23,140

to get all all of this great knowledge

1439

01:00:26,400 --> 01:00:25,000

from your dreams then you were able to

1440

01:00:28,770 --> 01:00:26,410

back it up when you went to the computer

1441

01:00:31,320 --> 01:00:28,780

to see what else you can fill it in with

1442

01:00:34,080 --> 01:00:31,330

and this is something everybody can do

1443

01:00:37,380 --> 01:00:34,090

it's just it's not just thing your

1444

01:00:40,140 --> 01:00:37,390

particular talent anybody can do this

1445

01:00:43,980 --> 01:00:40,150

with a little bit of commitment and some

1446

01:00:45,420 --> 01:00:43,990

persistence you can also unlock the

1447

01:00:48,270 --> 01:00:45,430

secrets of the universe through your

1448

01:00:50,370 --> 01:00:48,280

dreams yes you can any question you want

1449

01:00:53,490 --> 01:00:50,380

to ask you can say you know where's the

1450

01:00:55,320 --> 01:00:53,500

UFO from that was landed or that was in

1451

01:00:57,690 --> 01:00:55,330

the crop circle in Glastonbury or

1452

01:00:59,580 --> 01:00:57,700

whatever it is and then you ask that in

1453

01:01:01,530 --> 01:00:59,590

your dream and you may get information

1454

01:01:03,690 --> 01:01:01,540

that says Ada reticula I don't know what

1455

01:01:05,520 --> 01:01:03,700

it'll say and then you go google the

1456

01:01:06,120 --> 01:01:05,530

complex of what your thought was and the

1457

01:01:08,190 --> 01:01:06,130

answer you

1458

01:01:11,430 --> 01:01:08,200

and you will discover that your

1459

01:01:13,920 --> 01:01:11,440

unconscious is accessing the Akasha the

1460

01:01:15,900 --> 01:01:13,930

universal storehouse of all because

1461

01:01:17,759 --> 01:01:15,910

everything is light light is packets of

1462

01:01:19,680 --> 01:01:17,769

information so we're going to the light

1463

01:01:23,999 --> 01:01:19,690

library and asking for a particular

1464

01:01:26,849 --> 01:01:24,009

packet out of the card catalog this is

1465

01:01:29,190 --> 01:01:26,859

wonderful and it's it's a great help to

1466

01:01:31,200 --> 01:01:29,200

our audience anybody who's interested in

1467

01:01:34,049 --> 01:01:31,210

learning how to communicate with their

1468

01:01:36,749 --> 01:01:34,059

animals and or white spirit animals to

1469

01:01:39,029 --> 01:01:36,759

get the larger messages that are being

1470

01:01:40,589 --> 01:01:39,039

transmitted some funds or like the

1471

01:01:42,180 --> 01:01:40,599

Greeks to dream yourself well if

1472

01:01:43,829 --> 01:01:42,190

somebody in the audience is sick and you

1473

01:01:45,509 --> 01:01:43,839

don't feel that your medical team is

1474

01:01:49,609 --> 01:01:45,519

really doing you the justice you need

1475

01:01:53,969 --> 01:01:49,619

ask yourself what can I do to get well

1476

01:01:55,140 --> 01:01:53,979

you know it's a great question yeah well

1477

01:01:56,729 --> 01:01:55,150

that's what the Greeks would do they

1478

01:01:58,200 --> 01:01:56,739

have healing dreams and if they couldn't

1479

01:01:59,549 --> 01:01:58,210

do it sometimes they'd have dreamers

1480

01:02:02,219 --> 01:01:59,559

dream for them and that's what the

1481

01:02:04,440 --> 01:02:02,229

tribes did with shamans and so I wanted

1482

01:02:06,359 --> 01:02:04,450

to see well if one person can do it then

1483

01:02:09,870 --> 01:02:06,369

all people can do it because these are

1484

01:02:12,900 --> 01:02:09,880

all things that we are wired for we are

1485

01:02:15,390 --> 01:02:12,910

designed to do this and that's why I

1486

01:02:17,579 --> 01:02:15,400

decided to do a book I would like to say

1487

01:02:19,589 --> 01:02:17,589

as you said it does take practice but

1488

01:02:22,049 --> 01:02:19,599

also if you want to remember your dreams

1489

01:02:24,569 --> 01:02:22,059

try to do it on a time you don't have to

1490

01:02:28,019 --> 01:02:24,579

get up early because I would like to say

1491

01:02:29,609 --> 01:02:28,029

that there is a price to pay for waking

1492

01:02:31,950 --> 01:02:29,619

up during the middle of the night each

1493

01:02:35,069 --> 01:02:31,960

time you get a message and that you

1494

01:02:37,529 --> 01:02:35,079

don't continue asleep and it's simple

1495

01:02:39,690 --> 01:02:37,539

not to set yourself up for failure to

1496

01:02:41,609 --> 01:02:39,700

say oh god I gotta get up at 6 a.m. or I

1497

01:02:43,799 --> 01:02:41,619

got to take the kids to soccer I got to

1498

01:02:45,989 --> 01:02:43,809

go pick up my mom or whatever it is try

1499

01:02:48,599 --> 01:02:45,999

to do it at a time even if it's a catnap

1500

01:02:50,670 --> 01:02:48,609

even if it's not deep sleep even if it's

1501

01:02:54,120 --> 01:02:50,680

just relaxation you can do this in a

1502

01:02:55,920 --> 01:02:54,130

waking subliminal state of just relaxing

1503

01:02:57,450 --> 01:02:55,930

on your sofa when nobody's around or

1504

01:02:59,819 --> 01:02:57,460

some people go into a closet actually

1505

01:03:02,400 --> 01:02:59,829

cuz it's very bright and dark and

1506

01:03:04,049 --> 01:03:02,410

nobody's gonna interrupt them and you

1507

01:03:06,719 --> 01:03:04,059

just do the same thing you close your

1508

01:03:08,519 --> 01:03:06,729

eyes you ask your question and just wait

1509

01:03:10,890 --> 01:03:08,529

and hear what you feel or what you see

1510

01:03:13,829 --> 01:03:10,900

and don't judge it so if you ask how can

1511

01:03:15,930 --> 01:03:13,839

my dog you know improve his health and

1512

01:03:17,969 --> 01:03:15,940

then you ask that question and what you

1513

01:03:20,069 --> 01:03:17,979

get back is the picture of an orange

1514

01:03:22,079 --> 01:03:20,079

ball well I don't

1515

01:03:24,959 --> 01:03:22,089

at an orange ball or an orange it

1516

01:03:28,410 --> 01:03:24,969

doesn't matter you over time you will

1517

01:03:29,699 --> 01:03:28,420

learn to interpret properly what they're

1518

01:03:32,400 --> 01:03:29,709

telling you so like I had a dream of

1519

01:03:35,400 --> 01:03:32,410

wolf again many nights in a row and it

1520

01:03:38,459 --> 01:03:35,410

was a african-american man sitting in an

1521

01:03:40,739 --> 01:03:38,469

empty truck and the word preservation

1522

01:03:42,509 --> 01:03:40,749

and conservation and restoration came up

1523

01:03:44,489 --> 01:03:42,519

in each dream and I couldn't make heads

1524

01:03:45,150 --> 01:03:44,499

or tails of it three days afterwards I

1525

01:03:48,919 --> 01:03:45,160

got it

1526

01:03:52,169 --> 01:03:48,929

if you rearrange the words it spells CPR

1527

01:03:55,679 --> 01:03:52,179

wolf was telling me that the world needs

1528

01:04:01,380 --> 01:03:55,689

CPR concentration preservation

1529

01:04:03,419 --> 01:04:01,390

restoration what a message yeah and yet

1530

01:04:06,179 --> 01:04:03,429

we can all do this it's just it like you

1531

01:04:07,829 --> 01:04:06,189

said we've been taken off paths you know

1532

01:04:10,709 --> 01:04:07,839

we've been taken out of what is a

1533

01:04:13,559 --> 01:04:10,719

natural connection and placed in an

1534

01:04:16,529 --> 01:04:13,569

artificial place that is brought nothing

1535

01:04:18,689 --> 01:04:16,539

but a lot of darkness to our world we

1536

01:04:21,299 --> 01:04:18,699

have been made to believe we need

1537

01:04:23,969 --> 01:04:21,309

somebody to tell us what to do and this

1538

01:04:26,459 --> 01:04:23,979

is completely wrong Buddha actually said

1539

01:04:28,049 --> 01:04:26,469

never follow anyone and that's why it's

1540

01:04:30,059 --> 01:04:28,059

so important to develop your intuition

1541

01:04:31,709 --> 01:04:30,069

another way to develop your intuition is

1542

01:04:33,359 --> 01:04:31,719

when you draw I predict the colour of

1543

01:04:35,400 --> 01:04:33,369

the car coming around the corner we're

1544

01:04:37,949 --> 01:04:35,410

just talking about improving the muscle

1545

01:04:39,269 --> 01:04:37,959

of intuition and you can do it we've

1546

01:04:40,679 --> 01:04:39,279

done it with our children since they

1547

01:04:43,890 --> 01:04:40,689

were little they're in their 30s and 40s

1548

01:04:45,719 --> 01:04:43,900

now where we try to see the number that

1549

01:04:48,929 --> 01:04:45,729

will be the receipt at the restaurant

1550

01:04:50,669 --> 01:04:48,939

without calculating what we ordered it's

1551

01:04:52,289 --> 01:04:50,679

just been a little contest we do it with

1552

01:04:54,269 --> 01:04:52,299

the first day of snow the first day

1553

01:04:56,339 --> 01:04:54,279

it'll melt just ways to improve our

1554

01:04:58,979 --> 01:04:56,349

intuition if you don't mind I'd like to

1555

01:05:02,789 --> 01:04:58,989

share one beautiful message I got in a

1556

01:05:05,189 --> 01:05:02,799

dream yes please yes it's from Buffalo I

1557

01:05:07,109 --> 01:05:05,199

was standing beside a single Buffalo as

1558

01:05:09,150 --> 01:05:07,119

though standing with an elder friend we

1559

01:05:10,759 --> 01:05:09,160

were on a mountaintop plateau over

1560

01:05:12,989 --> 01:05:10,769

leaking overlooking an entire

1561

01:05:15,269 --> 01:05:12,999

cosmopolitan city where there reigned

1562

01:05:17,519 --> 01:05:15,279

used to be the message was simple and

1563

01:05:19,499 --> 01:05:17,529

clear I was told when standing there

1564

01:05:23,249 --> 01:05:19,509

with such a broad scale view that quote

1565

01:05:26,249 --> 01:05:23,259

when any one of us human animal plant or

1566

01:05:28,559 --> 01:05:26,259

mineral fulfills our purpose on earth we

1567

01:05:33,540 --> 01:05:28,569

experience the greatest love there is

1568

01:05:38,010 --> 01:05:35,910

it is and that's what I would like to

1569

01:05:40,860 --> 01:05:38,020

share with your audience believe me

1570

01:05:43,020 --> 01:05:40,870

folks you all are the receivers and

1571

01:05:44,790 --> 01:05:43,030

you're also an M inator we're all bio

1572

01:05:47,370 --> 01:05:44,800

capacitors we're receiving and sending

1573

01:05:49,920 --> 01:05:47,380

light we're giving and we're getting

1574

01:05:52,110 --> 01:05:49,930

we're either selfless or selfish that's

1575

01:05:54,480 --> 01:05:52,120

kind of the basics and it's always a

1576

01:05:57,210 --> 01:05:54,490

little of each so if you want to help

1577

01:05:59,250 --> 01:05:57,220

yourself your children your family your

1578

01:06:02,670 --> 01:05:59,260

community the animals the trees the

1579

01:06:05,430 --> 01:06:02,680

future simply take part and ask how can

1580

01:06:06,720 --> 01:06:05,440

I be of service and that's it so we go

1581

01:06:09,360 --> 01:06:06,730

back to where we started

1582

01:06:12,420 --> 01:06:09,370

humility we have to know that we're

1583

01:06:14,370 --> 01:06:12,430

doing this as an agent of creator you

1584

01:06:19,500 --> 01:06:14,380

know I can't make a seed but I can plant

1585

01:06:21,450 --> 01:06:19,510

one we also have this real desire to be

1586

01:06:25,020 --> 01:06:21,460

a service service is the keynote for the

1587

01:06:27,420 --> 01:06:25,030

human and that really is the question

1588

01:06:29,640 --> 01:06:27,430

will I be of service or not you know

1589

01:06:32,820 --> 01:06:29,650

it's not forget what the Shakespearean

1590

01:06:38,160 --> 01:06:32,830

was I think therefore I am I go I feel

1591

01:06:40,050 --> 01:06:38,170

therefore I am and also I like what you

1592

01:06:42,630 --> 01:06:40,060

said about not judging you know it's

1593

01:06:46,080 --> 01:06:42,640

like whatever messages you're getting in

1594

01:06:48,510 --> 01:06:46,090

your dreams or directly from your pets

1595

01:06:51,300 --> 01:06:48,520

or white spirit animal don't judge it

1596

01:06:53,940 --> 01:06:51,310

you just take it for what it is on its

1597

01:06:56,400 --> 01:06:53,950

face value let it sit let it simmer

1598

01:06:58,140 --> 01:06:56,410

until you get a fuller perspective of

1599

01:07:00,660 --> 01:06:58,150

what it is like here's an interesting

1600

01:07:03,960 --> 01:07:00,670

question this is from false-flag who's

1601
01:07:06,630 --> 01:07:03,970
asking what is it about bats that people

1602
01:07:09,390 --> 01:07:06,640
have made them out to be energy drainers

1603
01:07:12,270 --> 01:07:09,400
or evil or something like that I mean

1604
01:07:14,460 --> 01:07:12,280
that's a great great wonderful question

1605
01:07:17,250 --> 01:07:14,470
and I have never studied bats but what I

1606
01:07:19,500 --> 01:07:17,260
hear is people were afraid of them

1607
01:07:22,740 --> 01:07:19,510
because they have the supersonic hearing

1608
01:07:25,230 --> 01:07:22,750
oh they have the ability you know I

1609
01:07:27,210 --> 01:07:25,240
share a story in my book about how I

1610
01:07:29,280 --> 01:07:27,220
tuned in to an animal channel when I

1611
01:07:31,200 --> 01:07:29,290
first started this work and I heard

1612
01:07:32,850 --> 01:07:31,210
screaming and crying and it was all

1613
01:07:34,560 --> 01:07:32,860

these animals suffering and I said to my

1614

01:07:36,510 --> 01:07:34,570

husband I can't do this work if that's

1615

01:07:39,360 --> 01:07:36,520

what's gonna be like well it would offer

1616

01:07:40,590 --> 01:07:39,370

two weeks but then it stopped my God for

1617

01:07:42,300 --> 01:07:40,600

two weeks when I would go to sleep

1618

01:07:44,070 --> 01:07:42,310

sometimes during the day but all the

1619

01:07:46,080 --> 01:07:44,080

sudden it stopped and the day it stopped

1620

01:07:47,130 --> 01:07:46,090

was the day there was that horrendous

1621

01:07:50,130 --> 01:07:47,140

tsunami

1622

01:07:52,410 --> 01:07:50,140

and the Fukushima nuclear disaster so

1623

01:07:54,060 --> 01:07:52,420

the animals were warning us so I didn't

1624

01:07:55,680 --> 01:07:54,070

know that that's what the channel was I

1625

01:07:57,540 --> 01:07:55,690

didn't know I turned tuned into an

1626
01:08:00,300 --> 01:07:57,550
animal warning channel so what I'm the

1627
01:08:03,270 --> 01:08:00,310
reason I'm sharing this is that we may

1628
01:08:05,910 --> 01:08:03,280
not know what the message means and it

1629
01:08:08,670 --> 01:08:05,920
doesn't matter what matters is to make

1630
01:08:10,920 --> 01:08:08,680
the effort because over time like you

1631
01:08:12,180 --> 01:08:10,930
practice anything a good chef isn't made

1632
01:08:13,650 --> 01:08:12,190
overnight because they read a good

1633
01:08:15,900 --> 01:08:13,660
cookbook they're a good chef because

1634
01:08:18,660 --> 01:08:15,910
they practice thousands of hours it's

1635
01:08:21,810 --> 01:08:18,670
the same thing anything so this into it

1636
01:08:24,090 --> 01:08:21,820
that any of us want to do practice it

1637
01:08:26,310 --> 01:08:24,100
lightly be gentle with yourself don't

1638
01:08:28,890 --> 01:08:26,320

judge yourself don't say oh I can't do

1639

01:08:30,930 --> 01:08:28,900

it don't quit just add a little of it

1640

01:08:33,210 --> 01:08:30,940

each day to your life in some little way

1641

01:08:35,100 --> 01:08:33,220

you can't find your keys don't go madly

1642

01:08:37,950 --> 01:08:35,110

rushing around sit down and picture

1643

01:08:39,720 --> 01:08:37,960

where are they somebody balls you on the

1644

01:08:42,090 --> 01:08:39,730

phone it says my husband's late I'm

1645

01:08:45,180 --> 01:08:42,100

really worried was he in an accident sit

1646

01:08:46,890 --> 01:08:45,190

down here what you say and you know if

1647

01:08:49,290 --> 01:08:46,900

somebody's not asking you to perform

1648

01:08:51,810 --> 01:08:49,300

open-heart surgery or brain surgery on

1649

01:09:06,000 --> 01:08:51,820

them it doesn't really matter if you're

1650

01:09:08,160 --> 01:09:06,010

wrong it just come on they might not be

1651

01:09:10,170 --> 01:09:08,170

right what I said to them it's your love

1652

01:09:12,030 --> 01:09:10,180

that's doing the work it's the love

1653

01:09:14,070 --> 01:09:12,040

ladies and gentlemen it's a love

1654

01:09:16,350 --> 01:09:14,080

connection yeah it is it's a very

1655

01:09:18,000 --> 01:09:16,360

powerful emotion now here's the more

1656

01:09:20,640 --> 01:09:18,010

personal question and this is from

1657

01:09:23,340 --> 01:09:20,650

anonymous gee who's asking is there a

1658

01:09:27,120 --> 01:09:23,350

time limit after your pet's death before

1659

01:09:28,940 --> 01:09:27,130

you can't see them anymore well I think

1660

01:09:30,390 --> 01:09:28,950

there are periods when anything goes

1661

01:09:32,970 --> 01:09:30,400

immortal

1662

01:09:34,650 --> 01:09:32,980

where they are busy doing collection

1663

01:09:37,200 --> 01:09:34,660

work of their own like my little dog

1664

01:09:39,510 --> 01:09:37,210

that recently died the first three days

1665

01:09:41,460 --> 01:09:39,520

we couldn't separate energetically and

1666

01:09:43,410 --> 01:09:41,470

it was only by the fourth and fifth day

1667

01:09:45,660 --> 01:09:43,420

that he was separate no I don't think

1668

01:09:48,660 --> 01:09:45,670

there is I think there are opportunities

1669

01:09:50,520 --> 01:09:48,670

to make contact with anybody or anything

1670

01:09:52,980 --> 01:09:50,530

that has passed away the anniversary of

1671

01:09:55,830 --> 01:09:52,990

their death is always the easiest time

1672

01:09:58,980 --> 01:09:55,840

to make contact any year 20 years from

1673

01:10:00,120 --> 01:09:58,990

now because the soul revisits basically

1674

01:10:02,850 --> 01:10:00,130

that anniversary

1675

01:10:04,860 --> 01:10:02,860

and if they have a grave in the Jewish

1676

01:10:06,540 --> 01:10:04,870

tradition the neshamah the part of the

1677

01:10:08,820 --> 01:10:06,550

soul that's immortal returns to the

1678

01:10:11,430 --> 01:10:08,830

grave to be with the grievors and that's

1679

01:10:13,470 --> 01:10:11,440

why you don't undo a shad stone for a

1680

01:10:15,390 --> 01:10:13,480

year because it takes a year for all of

1681

01:10:18,080 --> 01:10:15,400

these processes to take place for the

1682

01:10:23,250 --> 01:10:18,090

soul to be completely free of all its

1683

01:10:24,840 --> 01:10:23,260

attachments what is anytime it's if

1684

01:10:28,140 --> 01:10:24,850

they're busy just tell them to call you

1685

01:10:30,750 --> 01:10:28,150

back you know I used to joke that this

1686

01:10:32,700 --> 01:10:30,760

bonobo would call me on my telepathic

1687

01:10:35,790 --> 01:10:32,710

line and sometimes I tell her I have to

1688

01:10:37,410 --> 01:10:35,800

call her back so sometimes things might

1689

01:10:39,030 --> 01:10:37,420

want to communicate with you and you're

1690

01:10:41,040 --> 01:10:39,040

busy doing something else and you really

1691

01:10:43,260 --> 01:10:41,050

can't focus just politely say to the

1692

01:10:45,630 --> 01:10:43,270

tree or to the person or to the river or

1693

01:10:47,250 --> 01:10:45,640

the bird can I can I catch it a little

1694

01:10:52,800 --> 01:10:47,260

later you know the same way you would

1695

01:10:54,840 --> 01:10:52,810

have human it's all good she said the

1696

01:10:56,550 --> 01:10:54,850

Jewish legend returned to them to the

1697

01:10:59,460 --> 01:10:56,560

gravesite what if the person's been

1698

01:11:01,680 --> 01:10:59,470

cremated and the ashes have been put out

1699

01:11:04,800 --> 01:11:01,690

to the universe that's a great question

1700

01:11:07,230 --> 01:11:04,810

and I don't know the answer I know I do

1701

01:11:09,660 --> 01:11:07,240

know that the soul is immortal and it

1702

01:11:12,210 --> 01:11:09,670

probably doesn't matter in the sense of

1703

01:11:13,950 --> 01:11:12,220

the soul will still be the soul and is

1704

01:11:16,020 --> 01:11:13,960

uncommon there's some rather esoteric

1705

01:11:18,840 --> 01:11:16,030

teachings that we could talk about on

1706

01:11:21,870 --> 01:11:18,850

another time in Hasidic Judaism about

1707

01:11:23,490 --> 01:11:21,880

the stages of the souls separation from

1708

01:11:25,650 --> 01:11:23,500

the physical body the first part is the

1709

01:11:27,360 --> 01:11:25,660

nephesh that's like in our blood and

1710

01:11:29,460 --> 01:11:27,370

that goes first and then there's the

1711

01:11:32,310 --> 01:11:29,470

Ruach that's the spirit and that goes

1712

01:11:34,710 --> 01:11:32,320

over time of dissipation with the moon

1713

01:11:37,170 --> 01:11:34,720

cycles and then the neshamah sends

1714

01:11:39,060 --> 01:11:37,180

immediately but the highest part the

1715

01:11:42,020 --> 01:11:39,070

akita the part of the soul that it

1716

01:11:44,490 --> 01:11:42,030

connects us all to one takes a year to

1717

01:11:46,530 --> 01:11:44,500

assimilate the lessons of the lifetime

1718

01:11:48,150 --> 01:11:46,540

and I would say to the rabbi's but it

1719

01:11:49,530 --> 01:11:48,160

doesn't that call suffering and they go

1720

01:11:51,210 --> 01:11:49,540

yellow that's part of it and I go well

1721

01:11:53,970 --> 01:11:51,220

then I think I want to be cremated and

1722

01:11:56,220 --> 01:11:53,980

they go well no because that process is

1723

01:11:57,480 --> 01:11:56,230

your schooling process of assimilating

1724

01:12:00,690 --> 01:11:57,490

everything you've learned in that

1725

01:12:02,760 --> 01:12:00,700

lifetime and that it actually allows you

1726

01:12:05,910 --> 01:12:02,770

to be believe it or not in Judaism there

1727

01:12:07,830 --> 01:12:05,920

is a belief in resurrection strange

1728

01:12:09,960 --> 01:12:07,840

that's another esoteric teachings in

1729

01:12:12,750 --> 01:12:09,970

Hasidic teachings that there's a certain

1730

01:12:13,860 --> 01:12:12,760

bone at the base of the skull that has

1731

01:12:15,570 --> 01:12:13,870

to be intact for

1732

01:12:16,770 --> 01:12:15,580

erection so you know whether these

1733

01:12:18,840 --> 01:12:16,780

things are true or not it's not the

1734

01:12:21,300 --> 01:12:18,850

issue for me I'm just always interested

1735

01:12:23,610 --> 01:12:21,310

in learning these ancient teachings that

1736

01:12:26,610 --> 01:12:23,620

get passed down orally for centuries in

1737

01:12:28,770 --> 01:12:26,620

all people's traditions it is incredible

1738

01:12:30,980 --> 01:12:28,780

that and then some of the relationships

1739

01:12:34,380 --> 01:12:30,990

that you find among these vastly

1740

01:12:37,020 --> 01:12:34,390

different religions and things here's a

1741

01:12:38,970 --> 01:12:37,030

question from para abnormal who's asking

1742

01:12:42,840 --> 01:12:38,980

talking about history what can we learn

1743

01:12:45,210 --> 01:12:42,850

from pictograph cave art oh one of my

1744

01:12:46,950 --> 01:12:45,220

favorite things I think again the power

1745

01:12:49,440 --> 01:12:46,960

of image you know what they are showing

1746

01:12:51,930 --> 01:12:49,450

us is that what they saw around them was

1747

01:12:53,640 --> 01:12:51,940

what they have relationship with when

1748

01:12:54,890 --> 01:12:53,650

you see the beauty of their drawings of

1749

01:12:57,390 --> 01:12:54,900

animals in motion

1750

01:13:00,000 --> 01:12:57,400

they're basically showing us that they

1751

01:13:02,040 --> 01:13:00,010

and the animals were one and it also

1752

01:13:04,950 --> 01:13:02,050

gives us a clue as to why the Egyptians

1753

01:13:06,780 --> 01:13:04,960

used images to teach because images are

1754

01:13:08,850 --> 01:13:06,790

universal and it doesn't require a

1755

01:13:15,330 --> 01:13:08,860

language because we all see the same

1756

01:13:17,040 --> 01:13:15,340

thing so that's piece of our history

1757

01:13:25,800 --> 01:13:17,050

that really have been taught to ignore

1758

01:13:28,860 --> 01:13:25,810

so you know how people do vision boards

1759

01:13:31,440 --> 01:13:28,870

now it's a yes exercise and people want

1760

01:13:34,050 --> 01:13:31,450

to communicate with nature or others you

1761

01:13:36,060 --> 01:13:34,060

can do vision boards of learning to do

1762

01:13:37,830 --> 01:13:36,070

it the more you pay attention to

1763

01:13:39,120 --> 01:13:37,840

something and the more you put your

1764

01:13:41,520 --> 01:13:39,130

intention to it

1765

01:13:43,380 --> 01:13:41,530

the more you will be able to do whatever

1766

01:13:45,870 --> 01:13:43,390

it is it's not what we do whether we're

1767

01:13:48,510 --> 01:13:45,880

a street sleeper or a surgeon it's how

1768

01:13:50,880 --> 01:13:48,520

we do what we do so if we do it with

1769

01:13:53,370 --> 01:13:50,890

careful regard if we do it with right

1770

01:13:55,980 --> 01:13:53,380

intention and then we pay attention like

1771

01:13:57,870 --> 01:13:55,990

you know our intention is like we're

1772

01:14:00,870 --> 01:13:57,880

setting the focus we're turning on the

1773

01:14:03,330 --> 01:14:00,880

lighthouse and then our attention allows

1774

01:14:05,670 --> 01:14:03,340

us to see what the lighthouse has put

1775

01:14:07,470 --> 01:14:05,680

its light on and that's really how all

1776

01:14:09,240 --> 01:14:07,480

this work works whether it's through

1777

01:14:10,590 --> 01:14:09,250

prayer whether it's through dreaming

1778

01:14:13,650 --> 01:14:10,600

whether it's through waking telepathy

1779

01:14:15,870 --> 01:14:13,660

whether it's through psychic awareness

1780

01:14:17,760 --> 01:14:15,880

it's all the same thing it's we're

1781

01:14:20,370 --> 01:14:17,770

paying attention first we're setting our

1782

01:14:22,740 --> 01:14:20,380

intention to be of service to learn

1783

01:14:25,650 --> 01:14:22,750

something to help something and then our

1784

01:14:26,670 --> 01:14:25,660

attention at what comes into focus and

1785

01:14:27,780 --> 01:14:26,680

that's all it is

1786

01:14:30,120 --> 01:14:27,790

it's a process

1787

01:14:31,950 --> 01:14:30,130

and the more we practice the better we

1788

01:14:33,990 --> 01:14:31,960

get it being able to be of service in

1789

01:14:35,340 --> 01:14:34,000

this way sometimes save a life my

1790

01:14:37,590 --> 01:14:35,350

children call me all the time for

1791

01:14:39,630 --> 01:14:37,600

problems that they have or should they

1792

01:14:42,480 --> 01:14:39,640

trust this person or what do I see or

1793

01:14:44,670 --> 01:14:42,490

you know whatever it is and you can get

1794

01:14:46,710 --> 01:14:44,680

very good at it just don't take it too

1795

01:14:48,870 --> 01:14:46,720

seriously that's my first recommendation

1796

01:14:51,660 --> 01:14:48,880

secondly know that it's a process of

1797

01:14:53,310 --> 01:14:51,670

love and that we are all love beings and

1798

01:14:55,050 --> 01:14:53,320

that's what we're all here to learn it

1799

01:14:56,910 --> 01:14:55,060

doesn't matter who we are what we

1800

01:14:58,380 --> 01:14:56,920

believe or what we do we are all here to

1801

01:15:00,720 --> 01:14:58,390

learn the same thing which is how to

1802

01:15:03,660 --> 01:15:00,730

love properly and that's what the

1803

01:15:08,840 --> 01:15:03,670

animals teach us they are all love they

1804

01:15:11,190 --> 01:15:08,850

are love this world they want us to

1805

01:15:13,710 --> 01:15:11,200

experience the greatest love there is is

1806

01:15:15,810 --> 01:15:13,720

the Buffalo said when each of us does

1807

01:15:17,730 --> 01:15:15,820

what we're here to do and each of us is

1808

01:15:20,490 --> 01:15:17,740

here for a different reason from one

1809

01:15:22,260 --> 01:15:20,500

another and that's why it's so important

1810

01:15:23,940 --> 01:15:22,270

how we talk to each other how we treat

1811

01:15:26,280 --> 01:15:23,950

each other how we think about each other

1812

01:15:41,100 --> 01:15:26,290

and you know I'm no saint I cuss I do

1813

01:15:43,500 --> 01:15:41,110

terrible things sometimes but it's a

1814

01:15:45,120 --> 01:15:43,510

desire to want to be of service and

1815

01:15:47,250 --> 01:15:45,130

that's the bottom line so the white

1816

01:15:49,590 --> 01:15:47,260

spirit animals say save as many of us as

1817

01:15:51,600 --> 01:15:49,600

you can do what we can to protect the

1818

01:15:53,760 --> 01:15:51,610

apex mammals including the whales and

1819

01:15:55,740 --> 01:15:53,770

dolphins the bear the lion the elephant

1820

01:15:56,310 --> 01:15:55,750

the wolf the Buffalo the whales and the

1821

01:15:57,830 --> 01:15:56,320

Dolphins

1822

01:16:00,060 --> 01:15:57,840

and it will make the earth more

1823

01:16:02,400 --> 01:16:00,070

resilient and they will work with us for

1824

01:16:04,260 --> 01:16:02,410

earth changes and make sure that we

1825

01:16:06,060 --> 01:16:04,270

continue in the right way because we

1826

01:16:09,120 --> 01:16:06,070

will continue I'm a very optimistic

1827

01:16:12,020 --> 01:16:09,130

person it just may not be what we want

1828

01:16:15,300 --> 01:16:12,030

but it will be what we need this sounds

1829

01:16:17,040 --> 01:16:15,310

incredibly great and so hard we can't

1830

01:16:18,870 --> 01:16:17,050

thank you enough for joining us on our

1831

01:16:21,270 --> 01:16:18,880

show tonight and again the name of the

1832

01:16:23,610 --> 01:16:21,280

book is white spirit animals prophets of

1833

01:16:27,030 --> 01:16:23,620

change so if you would like to learn

1834

01:16:30,870 --> 01:16:27,040

more about these white spirit animals

1835

01:16:34,260 --> 01:16:30,880

PK's holding the book up now good for

1836

01:16:36,540 --> 01:16:34,270

you it is a jaw-dropping book yes so

1837

01:16:39,660 --> 01:16:36,550

make sure everybody to check it out like

1838

01:16:41,340 --> 01:16:39,670

now next to me I just want to let

1839

01:16:44,700 --> 01:16:41,350

everybody know we have a very

1840

01:16:47,010 --> 01:16:44,710

special guests coming out to visit us he

1841

01:16:49,860 --> 01:16:47,020

is a dear friend of both of ours his

1842

01:16:53,190 --> 01:16:49,870

name is george lugo he is a psychic

1843

01:16:55,620 --> 01:16:53,200

medium unlike no other he can do things

1844

01:16:58,800 --> 01:16:55,630

that we have never seen anybody else do

1845

01:17:07,980 --> 01:16:58,810

and we love to give him a hard time

1846

01:17:10,230 --> 01:17:07,990

anyways so we love George and we're

1847

01:17:12,060 --> 01:17:10,240

gonna share with you next week George is

1848

01:17:14,640 --> 01:17:12,070

a psychic medium who also works with

1849

01:17:17,310 --> 01:17:14,650

Scotland Yard and other police

1850

01:17:20,100 --> 01:17:17,320

departments across the world very

1851

01:17:22,260 --> 01:17:20,110

talented man he loved them dearly and we

1852

01:17:25,050 --> 01:17:22,270

are bringing him to you next week

1853

01:17:27,810 --> 01:17:25,060

so in the meantime everybody we really

1854

01:17:31,680 --> 01:17:27,820

hope you stay safe stay warm and enjoy

1855

01:17:33,960 --> 01:17:31,690

this book we certainly have and as Ohio

1856

01:17:36,900 --> 01:17:33,970

we've enjoyed every moment on the show

1857

01:17:38,820 --> 01:17:36,910

with you tonight like things out yes

1858

01:17:42,150 --> 01:17:38,830

thank you everybody and we'll see you on

1859

01:17:45,410 --> 01:17:42,160

the blue highway so next week good night